Lothian NHS Board

NHS Lothian Headquarters
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Date 18 November 2026
Your Ref
Our Ref 12082

Enquiries to Richard Mutch
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Dear

FREEDOM OF INFORMATION – MALNUTRITION

I write in response to your request for information in relation to malnutrition.

Question:

- **The number of children admitted to hospital for treatment of malnutrition in each quarter since 1 January 2026**, broken down as:
    - Q1: 1 January – 31 March 2026
    - Q2: 1 April – 30 June 2026
    - Q3: 1 July – 30 September 2026
    - Q4 (part): 1 October 2026 – the date of this request
- **The number of children admitted to hospital for treatment of malnutrition between 22 December 2025 and 5 January 2026 inclusive.**

Answer:

There were no admissions of children under the age of 16 for ICD-10 codes E40–E46 in the requested time period (22 December 2025 to 30th June 2026).

Notes:
1. Completion of ICD-10 codes can lag behind by several months. This FOI can only be answered reliably for question 1 and 2, up to quarter ending 30th June 2026.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: https://org.nhslothian.scot/FOI/Pages/default.aspx

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive