Lothian NHS Board

NHS Lothian Headquarters
Waverley Court
4 East Market Street
Edinburgh
EH8 8BG
www.nhslothian.scot

Date 20 November 2026
Your Ref
Our Ref 12073

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – COMPLAINTS CAMHS

I write in response to your request for information in relation to complaints and CAMHS.

Question:

- Please provide the total number of complaints received by the Health Board concerning waiting times for Child and Adolescent Mental Health Services (CAMHS) during:

  a. The financial year 2025–2026 (1 April 2025 to 31 March 2026).
  b. The period from 1 April 2026 to the date of this request.

  Please include complaints submitted by individuals on their own behalf, as well as complaints submitted by individuals or organisations on behalf of a patient.

  Where possible, please break down the figures by financial year and indicate the number of complaints submitted by individuals directly and by representatives or organisations on behalf of a patient.

Answer:

CAMHS 01 04.2025 - 31.03.2026

	Total	Father	Mother	MSP	MP	Other Relative
2025/26	71	13	47	8	5<	5<

We have not provided information for 01/04/2026 to date as requested these results have not been completed yet.

To protect the identity of the individuals involved any figure of 5 or less has not been shown in the table above. Since we do not have their consent to release this data from their records, the information is exempt under section 38(1)(b) of the Freedom of Information (Scotland) Act i.e. to provide it would breach the Data Protection Act (2018).

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: https://org.nhslothian.scot/FOI/Pages/default.aspx

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive