Lothian NHS Board

NHS Lothian Headquarters
Waverley Court
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Date 16 November 2026
Your Ref
Our Ref 12053

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – HIV PRESCRIBING

I write in response to your request for information in relation to HIV prescribing.

Question:

1. How many people were treated in the last 6-month period with branded or generic emtricitabine / tenofovir disoproxil (Truvada) for HIV treatment?
2. How many people were treated in the last 6-month period with branded or generic emtricitabine / tenofovir disoproxil for pre-exposure prophylaxis (PrEP)?
3. How many packs of branded or generic emtricitabine / tenofovir disoproxil were dispensed in latest 6-month period for HIV treatment?
4. How many packs of branded or generic emtricitabine / tenofovir disoproxil were dispensed in latest 6-month period for pre-exposure prophylaxis (PrEP)?
5. How many people were treated in the last 6-month period with emtricitabine / tenofovir alafenamide (Descovy) for HIV treatment?
6. How many people were treated in the last 6-month period with emtricitabine / tenofovir alafenamide for pre-exposure prophylaxis (PrEP)?
7. How many packs of emtricitabine / tenofovir alafenamide were dispensed in latest 6-month period for HIV treatment?
8. How many packs of emtricitabine / tenofovir alafenamide were dispensed in latest 6-month period for pre-exposure prophylaxis (PrEP)?

Answer:

April 2026 - September 2026	
Question	**Response**
How many people were treated in the last 6-month period with branded or generic emtricitabine / tenofovir disoproxil (Truvada) for HIV treatment?	Information unavailable
How many people were treated in the last 6-month period with branded or generic emtricitabine / tenofovir disoproxil for pre-exposure prophylaxis (PrEP)?	Information unavailable
How many packs of branded or generic emtricitabine / tenofovir disoproxil were dispensed in latest 6-month period for HIV treatment?	1,604

How many packs of branded or generic emtricitabine / tenofovir disoproxil were dispensed in latest 6-month period for pre-exposure prophylaxis (PrEP)?	8,341
How many people were treated in the last 6-month period with emtricitabine / tenofovir alafenamide (Descovy) for HIV treatment?	Information unavailable
How many people were treated in the last 6-month period with emtricitabine / tenofovir alafenamide for pre-exposure prophylaxis (PrEP)?	Information unavailable
How many packs of emtricitabine / tenofovir alafenamide were dispensed in latest 6-month period for HIV treatment?	398
How many packs of emtricitabine / tenofovir alafenamide were dispensed in latest 6-month period for pre-exposure prophylaxis (PrEP)?	159

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: https://org.nhslothian.scot/FOI/Pages/default.aspx

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive

NHS Lothian

Notes
Please note we have excluded patient counts due to variations on how these medicines are issued whereupon sometimes the AN number is used and sometimes the UHPI, and we cannot link one to another. Also, in some instances patient identifiable data does not meet the threshold required.

PREP
All TTO packs over both Descovy and Truvada/Generic
All issues to Lothian Prep costcentre whether TTO or not
Not including any homecare

Exclusion previously advised as 7 tablet TTO pack is for post exposure, though this appears to no longer be used:
EMTRICITABINE / TENOFOVIR *TTO* 200mg/245mg (TA144)(7) Tablets - 7 Tablet Pack
EMTRICITABINE / TENOFOVIR 200mg/245mg Tablets - 7 Tablet TTO Pack

HIV
All homecare files
Everything else not included under PREP as above

Drug_Group	Drug_Description	Drug_Packsize	HIV / PREP
Descovy/Generic	DESCOVY 200mg/10mg Tablets	30 Tablet Pack	HIV
	DESCOVY 200mg/10mg Tablets	30 Tablet Pack	PREP
	DESCOVY 200mg/25mg Tablets	30 Tablet Pack	HIV
	DESCOVY 200mg/25mg Tablets	30 Tablet Pack	PREP
	EMTRICITABINE / TENOFOVIR ALAFENAMIDE (Gilead) 200mg/25mg Tablets	30 Tablet Pack	HIV
	HC DESCOVY 200mg/10mg Tablets	30 Tablet Pack	HIV
	HC DESCOVY 200mg/25mg Tablets	30 Tablet Pack	HIV
Truvada/Generic	EMTRICITABINE / TENOFOVIR 200mg/245mg Tablets	30 Tablet Pack	HIV
	EMTRICITABINE / TENOFOVIR 200mg/245mg Tablets	30 Tablet Pack	PREP
	EMTRICITABINE / TENOFOVIR 200mg/245mg Tablets	30 Tablet TTO Pack	PREP
	EMTRICITABINE / TENOFOVIR 200mg/245mg (Dr.Reddy) Tablets	30 Tablet Pack	HIV
	HC EMTRICITABINE / TENOFOVIR 200mg/245mg Tablets	30 Tablet Pack	HIV
Exclude	EFAVIRENZ / EMTRICITABINE / TENOFOVIR 600mg/200mg/245mg Tablets	30 Tablet Pack	HIV
	EMTRICITABINE / TENOFOVIR & RALTEGRAVIR 200 mg / 245 mg & 400 mg Tablets	21 Tablet TTO Pack	PREP
	EMTRICITABINE / TENOFOVIR &	90 Tablet TTO Pack	PREP

	RALTEGRAVIR 200 mg / 245 mg & 600 mg Tablets		
	EMTRICITABINE 200 mg Capsules	30 Capsule Pack	HIV
	EMTRICITABINE 200 mg Capsules	30 Capsule Pack	PREP
	HC EFAVIRENZ / EMTRICITABINE / TENOFOVIR 600mg/200mg/245mg Tablets	30 Tablet Pack	HIV

Please note that we can only go by the date drugs were issued to ward / clinic areas from our stock control system. These may be held in stock locally for ad hoc clinic issue and not necessarily fully reflective of date medications were issued to patient as this is not held on our system.