Lothian NHS Board

NHS Lothian Headquarters
Waverley Court
4 East Market Street
Edinburgh
EH8 8BG
www.nhslothian.scot

Date 4 November 2026
Your Ref
Our Ref 12039

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – ALZHEIMER'S

I write in response to your request for information in relation to Alzheimer's.

Question:

1. I would be grateful if you could send the most recent planning document(s) for the diagnosis and treatment of **Alzheimer's Disease,** whether these are from the Health Board, Integrated Care Board (ICB), or the region. I am particularly interested in planning documents that cover lumbar punctures (CSF) and Blood Biomarker testing.
2. To what extent are there plans for service improvement of diagnosing **Alzheimer's Disease**?
3. Are the plans for service improvement of diagnosing **Alzheimer's Disease** related to:
4. Which of the following services does the Health Board have in place in preparation for increased service delivery for **Alzheimer's Disease**?
5. How many lumbar puncture procedures to test for **Alzheimer's Disease** were performed in the last three-month period for which data are available?
6. Please provide the number of BBM tests for **Alzheimer's Disease** conducted over the last three-months, regardless of whether they were carried out within your organisation or sent to an external pathology laboratory.
7. Which of the following biomarker tests were used to detect **Alzheimer's Disease**?
8. Please provide a list of the full names of other Trusts or other organisations, to which the Health Board refers samples for **pTau181** and **pTau217** immunoassay testing for **Alzheimer's Disease**?
9. How many **pTau181** immunoassay tests were conducted to test for **Alzheimer's Disease** in the last three-months?

10. Is **pTau181** testing for Alzheimer's Disease linked to, or conducted in conjunction with, clinical trials?

11. How many **pTau181** immunoassay tests were conducted for **Alzheimer's Disease** as part of a clinical trial?

12. How many **pTau217** immunoassay tests were conducted to test for **Alzheimer's Disease** in the last three-months?

13. Is **pTau217** testing for **Alzheimer's Disease** linked to, or conducted in conjunction with, clinical trials?

14. How many **pTau217** immunoassay tests were conducted for **Alzheimer's Disease** as part of a clinical trial?

Answer:

I must advise that the information you have requested has already been published in as prvious response.

https://org.nhslothian.scot/foi/wp-content/uploads/sites/22/2026/07/11598.pdf

This information is exempt under Section 25 of the Freedom of Information (Scotland) Act 2002 - Information otherwise accessible

(1) Information which the applicant can reasonably obtain other than by requesting it under section 1(1) is exempt information.

I hope the publicly available information helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: https://org.nhslothian.scot/FOI/Pages/default.aspx

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive