

Date 7 October 2026
Your Ref
Our Ref 11889

Enquiries to Richard Mutch
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Dear

FREEDOM OF INFORMATION – WAITING TIMES

I write in response to your request for information in relation to waiting times.

Question:

- Please treat Psychological Therapies (PT) and CAMHS as two separate services. Do not combine them. Please exclude neurodevelopmental / ADHD-only pathways unless you label those rows separately.

For each of PT and CAMHS, and for each of financial years 2021/22, 2022/23, 2023/24, 2024/25 and 2025/26 (or calendar years if that is how the extract is held):

1. Of people who started treatment in that year:
 - a. the 95th percentile waiting time in days (say whether adjusted or unadjusted);
 - b. the 99th percentile waiting time in days;
 - c. the number who started after waiting 365 days or more;
 - d. the number who started after waiting 730 days or more.

Please do not provide a single maximum if you consider section 38 applies to that one number. I still want (a)–(d). If you only hold completed waits in week bands beyond 104 weeks, give the count in the >104-week band.

2. Of people still waiting to start treatment at the latest extract date you hold:
 - a. the extract date and whether waits are adjusted or unadjusted;
 - b. total still waiting;
 - c. 95th and 99th percentile current wait in days;
 - d. number waiting 365 days or more;
 - e. number waiting 730 days or more.

Again, do not provide a single identifiable maximum if section 38 applies. Counts and percentiles are sufficient.

Answer:

Please see enclosed spreadsheet.

To protect the identity of the individuals involved any figure of 5 or less has not been shown in the enclosed spreadsheet. Since we do not have their consent to release this data from their records, the information is exempt under section 38(1)(b) of the Freedom of Information (Scotland) Act i.e. to provide it would breach the Data Protection Act (2018).

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive

FOI 11889 CAMHS & Psychological Therapies_patients seen and current waits

CAMHS Pts starting treatment from 1st January 2021 to 31st August 2026

Year (Calendar Years)	Count	95th Percentile (Days)	99th Percentile (Days)	Pts treated >= 365 days	Patients treated >=730 days
2026	2,088	369	462	105	5<
2025	2,808	476	539	428	13
2024	2,545	385	615	150	17
2023	2,203	398	730*	144	33
2022	2,687	705	730*	362	116
2021	2,436	665	730*	331	73

	Count	95th Percentile (Days)	99th Percentile (Days)	Pts waiting >= 365 days	Patients waiting >=730 days
CAMHS Current waits*	1,123	238	299	0	0

Psychological Therapies Pts starting treatment from 1st January 2021 to 31st August 2026

Year (Calendar years)	Count	95th Percentile (Days)	99th Percentile (Days)	Pts treated >= 365 days	Patients treated >=730 days
2026	6,985	315	449	207	5<
2025	10,944	301	420	206	10
2024	11,790	238	448	189	5<
2023	13,413	259	518	316	15
2022	14,423	497	730**	1,117	241
2021	15,130	574	730*	1,543	254

	Count	95th Percentile (Days)	99th Percentile (Days)	Pts waiting >= 365 days	Patients waiting >=730 days
Psychological Therapies Current waits*	4,378	357	485	195	7

Notes on the Data:

* Data for current waits are for patients waiting at end of August 2026

**The data extract used to answer the questions regarding completed waits is the national Waiting times data submitted to PHS. This data set reports wait times from one week to 104 weeks. Any waits (current waits or treated) are reported in an end bucket (105 weeks +). Where the 99th Percentile is greater than 105 weeks, it is reported in the tables above as "730"

All reported waiting times are in days and are adjusted waits. Adjustments have been applied in accordance with National Waiting Times guidance