

Date 14 September 2026
Your Ref
Our Ref 11862

Enquiries to Richard Mutch
Extension 35687
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Dear

FREEDOM OF INFORMATION – ADHD ASSESSMENT

I write in response to your request for information in relation ADHD assessment.

Question:

1. For the Neurodevelopmental Adult NW team, please provide the total number of patients on the waiting list for an adult ADHD assessment for each year from 2023 to the present date (August 2026, or the latest available date). Please provide a separate figure for each calendar year (2023, 2024, 2025, and 2026 to date).

Answer:

The majority of patients are on a non-specific “Neurodevelopmental Assessment” list and without reviewing each patient’s clinical notes, we are unable to say whether these patients are waiting for an ADHD, ASD or other neurodevelopmental assessment.

Under the Freedom of Information Act NHS Lothian is not required to create new records to enable it to respond to your enquiry. This information is not collated or held in aggregate form and it would be necessary to review all case files relating to patients over the period you have requested to assemble the information you seek. Even if NHS Lothian did this – and there would be significant cost implications in doing so – it would be unable to respond in full to your request. The information requested is therefore exempt under section 12.1 – Cost.

We can provide information on the combined (ADHD, ASD or other) neurodevelopmental assessments if you would like that instead.

Question:

2. Please provide the current number of clinicians working within the North West Locality who are qualified to diagnose ADHD in adults.

Answer:

In North West Locality there are 2 consultants, a speciality doctor and 2 resident doctors at present.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive