

Date 10 September 2026
Your Ref
Our Ref 11836

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – PATIENT ATTENDANCE

I write in response to your request for information in relation to patient attendance.

Question:

Please provide recorded data regarding patient attendances and recorded presentations across your Health Board area over the past 10 calendar years (from **1 January 2016 to 31 December 2025**, plus the available year-to-date figures for **2026**). Please provide the annual counts/incidences (broken down by calendar year, individual hospital site/A&E department, and, where recorded, local GP practice cluster/postcode sector) for patient attendances/presentations associated with each of the following conditions:

1. **Migraines** (including ICD-10 G43 or relevant presenting complaint / Read / SNOMED codes)
2. **Headaches** (including ICD-10 R51 or equivalent)
3. **Nausea and vomiting** (including ICD-10 R11 or equivalent)
4. **Balance problems / Vertigo / Dizziness** (including ICD-10 R42, H81 or equivalent)
5. **Depression** (including ICD-10 F32, F33 or equivalent)
6. **Sleep deprivation / Insomnia / Sleep disorders** (including ICD-10 G47, F51 or equivalent)
7. **Skin conditions** (including ICD-10 L00–L99 or equivalent)
8. **Cardiac conditions** (including ICD-10 I00–I52, I20–I25 or equivalent)
9. **Respiratory conditions** (including ICD-10 J00–J99, J45 or equivalent)
10. **Mental health presentations / referrals**
11. **Referrals to secondary physical or psychological healthcare services** arising from the above presentations.

Answer:

Please find enclosed spreadsheets.

The Primary Care analytics team have advised that we are unable to provide an answer for GP presentations.

To protect the identity of the individuals involved any figure of 5 or less has not been shown in the spreadsheet. Since we do not have their consent to release this data from their records,

the information is exempt under section 38(1)(b) of the Freedom of Information (Scotland) Act i.e. to provide it would breach the Data Protection Act (2018).

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive
Enc.

FOI: 11836

Request: Please provide the annual counts/incidences (broken down by calendar year, individual hospital site/A&E department, and, where recorded, local GP practice cluster/postcode sector) for patient attendances/presentations associated with each of the following conditions:

- 1.Migraines (including ICD-10 G43 or relevant presenting complaint / Read / SNOMED codes)
- 2.Headaches (including ICD-10 R51 or equivalent)
- 3.Nausea and vomiting (including ICD-10 R11 or equivalent)
- 4.Balance problems / Vertigo / Dizziness (including ICD-10 R42, H81 or equivalent)
- 5.Depression (including ICD-10 F32, F33 or equivalent)
- 6.Sleep deprivation / Insomnia / Sleep disorders (including ICD-10 G47, F51 or equivalent)
- 7.Skin conditions (including ICD-10 L00-L99 or equivalent)
- 8.Cardiac conditions (including ICD-10 I00-I52, I20-I25 or equivalent)
- 9.Respiratory conditions (including ICD-10 J00-J99, J45 or equivalent)
- 10.Mental health presentations / referrals
- 11.Referrals to secondary physical or psychological healthcare services arising from the above presentations.

2. Breakdown and Format

To ensure clarity and comparability:

- Separation of Care Settings: Please provide the counts broken down separately by:
 - oEmergency Department (A&E) Attendances (excluding routine inpatient admissions where possible, or clearly identifying admitted vs non-admitted attendances);
 - oPrimary Care / GP Surgeries (where primary care aggregate data or GP referral data is held centrally by the Board).
- Coding Methodology: Please identify whether figures are derived from Presenting Complaint Keywords, Chief Complaint triage codes, ICD-10 primary/secondary diagnosis codes, or Read/SNOMED CT codes.
- Format: Please provide the requested figures in an unlocked digital spreadsheet format (e.g., .xlsx or .csv).

Date Extracted: 27/08/2026

Source: NHS Lothian TRAK
**Please note that this analysis comes from a LIVE System - if this analysis were to be re-run at a later date the figures may be subject to change.*

Extracted by: Lothian Analytical Services
loth.analyticalservices@nhs.scot

Notes:

1. Attendances are counted in the calendar year of the emergency department arrival date.
2. Attendances have been identified using the following criteria:
 - Migraine: ICD10 codes G43.-; Biobank code BBG439
 - Headaches: ICD10 codes R51.- and G44.-; Biobank code BBG442, BBG443 and BBNSH
 - Nausea/Vomiting: ICD10 codes R11.-; Biobank code BBK299
 - Balance problems: ICD10 codes R42.-
 - Depression: ICD10 codes F32-F33; Biobank code BBF329
 - Sleep disorders: ICD10 codes F51.- and G47.-
 - Skin conditions: ICD10 codes L00-L99; Biobank codes BBL00-BBL99
 - Cardiac conditions: ICD10 codes I00-I52; Biobank codes BB100-BBI52
 - Respiratory conditions: ICD10 codes J00-J99; Biobank codes BB100-BB199
3. Western General Hospital Emergency Department does not code diagnoses.
4. RIE Emergency Department started coding diagnoses in December 2017 therefore 2017 data is partial.
5. SJH and RHSC Emergency Departments started coding diagnoses in March 2018 therefore 2018 data is partial.

Response: See tabs

Table 1: Royal Infirmary of Edinburgh

Diagnosis group	Attendance year	Not Admitted	Admitted
Migraine	2017	83	26
	2018	515	99
	2019	481	136
	2020	379	153
	2021	531	172
	2022	539	88
	2023	499	79
	2024	471	81
	2025	411	116
	2026 (to date)	344	72
Headaches	2017	51	17
	2018	368	105
	2019	381	163
	2020	298	174
	2021	546	296
	2022	712	213
	2023	873	372
	2024	968	422
	2025	883	689
	2026 (to date)	606	467
Nausea/Vomiting	2017	0	0
	2018	0	0
	2019	0	5<
	2020	5<	5<
	2021	5<	6
	2022	12	9
	2023	0	0
	2024	0	5<
	2025	0	5<
	2026 (to date)	0	0
Balance problems	2017	9	5<
	2018	106	25
	2019	102	43
	2020	76	40
	2021	101	62
	2022	146	47
	2023	177	52
	2024	151	59
	2025	157	66
	2026 (to date)	113	51
Depression	2017	55	3
	2018	357	12
	2019	315	92
	2020	246	112
	2021	280	77
	2022	198	22
	2023	161	31
	2024	159	24

	2025	236	54
	2026 (to date)	119	22
Sleep disorders	2017	0	0
	2018	0	0
	2019	0	0
	2020	0	0
	2021	0	0
	2022	0	0
	2023	0	0
	2024	0	0
	2025	0	0
	2026 (to date)	0	0
Skin conditions	2017	198	54
	2018	1602	562
	2019	1587	702
	2020	1149	573
	2021	1233	530
	2022	1342	423
	2023	1267	586
	2024	1293	602
	2025	1267	668
	2026 (to date)	854	407
Cardiac conditions	2017	719	506
	2018	6673	3599
	2019	6092	4711
	2020	5102	4693
	2021	6448	4997
	2022	7108	3946
	2023	6840	4725
	2024	7102	4436
	2025	6866	5331
	2026 (to date)	4884	3217
Respiratory conditions	2017	621	984
	2018	3012	4587
	2019	2792	4594
	2020	1734	3881
	2021	2063	3724
	2022	2978	3287
	2023	2597	3415
	2024	3310	3377
	2025	2471	3317
	2026 (to date)	1423	2073

Table 2: St John's Hospital

Diagnosis group	Attendance year	Not Admitted	Admitted
Migraine	2017		
	2018	134	30
	2019	212	40
	2020	185	34
	2021	204	24
	2022	172	22
	2023	176	24
	2024	209	13
	2025	212	24
	2026 (to date)	179	6
Headaches	2017		
	2018	141	64
	2019	184	54
	2020	115	39
	2021	171	65
	2022	221	74
	2023	293	94
	2024	259	72
	2025	261	65
	2026 (to date)	193	59
Nausea/Vomiting	2017		
	2018	15	24
	2019	15	17
	2020	25	29
	2021	53	42
	2022	42	36
	2023	39	21
	2024	39	32
	2025	29	29
	2026 (to date)	27	15
Balance problems	2017		
	2018	30	5<
	2019	36	6
	2020	38	5<
	2021	43	10
	2022	38	17
	2023	79	22
	2024	89	22
	2025	80	17
	2026 (to date)	71	14
Depression	2017		
	2018	666	132
	2019	741	194
	2020	730	117
	2021	638	62
	2022	459	27
	2023	173	5<
	2024	75	0

	2025	51	0
	2026 (to date)	44	5<
Sleep disorders	2017		
	2018	0	5<
	2019	0	0
	2020	0	0
	2021	0	0
	2022	0	0
	2023	0	0
	2024	0	0
	2025	0	0
	2026 (to date)	0	0
Skin conditions	2017		
	2018	684	142
	2019	945	170
	2020	730	155
	2021	772	168
	2022	782	181
	2023	792	233
	2024	725	228
	2025	719	244
	2026 (to date)	505	181
Cardiac conditions	2017		
	2018	2484	970
	2019	3211	1135
	2020	2865	1074
	2021	3121	1184
	2022	3424	1133
	2023	3563	1249
	2024	3549	1157
	2025	3384	1062
	2026 (to date)	2603	665
Respiratory conditions	2017		
	2018	1377	1292
	2019	1815	1744
	2020	1078	1368
	2021	1618	1655
	2022	2142	1867
	2023	1723	1880
	2024	2147	1859
	2025	1668	1592
	2026 (to date)	1170	918

Table 3: Royal Hospital of Children and Young People

Diagnosis group	Attendance year	Not Admitted	Admitted
Migraine	2017		
	2018		
	2019		
	2020		
	2021	45	5<
	2022	63	5<
	2023	62	7
	2024	64	5<
	2025	83	5<
	2026 (to date)	57	5<
Headaches	2017		
	2018		
	2019		
	2020		
	2021	73	6
	2022	137	25
	2023	146	19
	2024	189	35
	2025	160	20
	2026 (to date)	125	18
Nausea/Vomiting	2017		
	2018		
	2019		
	2020		
	2021	5<	19
	2022	10	16
	2023	7	14
	2024	5<	14
	2025	7	15
	2026 (to date)	7	8
Balance problems	2017		
	2018		
	2019		
	2020		
	2021	0	0
	2022	5<	0
	2023	5<	0
	2024	5<	5<
	2025	5<	5<
	2026 (to date)	5<	5<
Depression	2017		
	2018		
	2019		
	2020		
	2021	28	5<
	2022	64	5<
	2023	33	0
	2024	18	0

	2025	14	0
	2026 (to date)	10	0
Sleep disorders	2017		
	2018		
	2019		
	2020		
	2021	0	0
	2022	0	0
	2023	0	0
	2024	0	0
	2025	0	5<
	2026 (to date)	0	0
Skin conditions	2017		
	2018		
	2019		
	2020		
	2021	901	54
	2022	1374	92
	2023	1371	119
	2024	1551	100
	2025	1364	87
	2026 (to date)	919	76
Cardiac conditions	2017		
	2018		
	2019		
	2020		
	2021	142	18
	2022	208	25
	2023	193	30
	2024	211	40
	2025	240	30
	2026 (to date)	164	25
Respiratory conditions	2017		
	2018		
	2019		
	2020		
	2021	6265	997
	2022	8724	1616
	2023	6611	1728
	2024	8711	1668
	2025	6177	1084
	2026 (to date)	3769	715

Table 4: Royal Hospital for Sick Children

Diagnosis group	Attendance year	Not Admitted	Admitted
Migraine	2017		
	2018	50	7
	2019	48	5<
	2020	53	5<
	2021	5<	0
	2022		
	2023		
	2024		
	2025		
	2026 (to date)		
Headaches	2017		
	2018	67	25
	2019	75	17
	2020	65	6
	2021	12	5<
	2022		
	2023		
	2024		
	2025		
	2026 (to date)		
Nausea/Vomiting	2017		
	2018	6	29
	2019	5<	20
	2020	5<	20
	2021	0	5<
	2022		
	2023		
	2024		
	2025		
	2026 (to date)		
Balance problems	2017		
	2018	1	0
	2019	1	0
	2020	6	0
	2021	0	0
	2022		
	2023		
	2024		
	2025		
	2026 (to date)		
Depression	2017		
	2018	9	0
	2019	17	5<
	2020	20	0
	2021	5<	5<
	2022		
	2023		
	2024		

	2025		
	2026 (to date)		
Sleep disorders	2017		
	2018	0	0
	2019	0	0
	2020	0	0
	2021	0	0
	2022		
	2023		
	2024		
	2025		
	2026 (to date)		
Skin conditions	2017		
	2018	981	93
	2019	1384	115
	2020	1061	88
	2021	173	10
	2022		
	2023		
	2024		
	2025		
	2026 (to date)		
Cardiac conditions	2017		
	2018	119	25
	2019	153	17
	2020	123	18
	2021	35	5<
	2022		
	2023		
	2024		
	2025		
	2026 (to date)		
Respiratory conditions	2017		
	2018	6654	2038
	2019	7546	2073
	2020	3418	565
	2021	305	45
	2022		
	2023		
	2024		
	2025		
	2026 (to date)		

Notes

The ED department attendances were filtered for mental health ICD-10 codes. The list of codes here are those that were present in the attendance dataset.

The records were extracted from NHS Lothian TRAK on 3rd September 2026, and if the same extract were run at a later date, the numbers may differ. The data shows how many patients were admitted due to their presentation, but we cannot provide any subsequent secondary-to-secondary care referrals. Also as GP data cannot be provided in the format requested, we cannot provide primary-to-secondary care referrals in this manner.

DIAGNOSIS_C DIAGNOSIS

F239	Acute and transient psychotic disorder
F430	Acute stress reaction
BBF210	Adjustment disorder
F432	Adjustment disorders
BBF100	Alcohol (ethanol) intoxication
BBF102	Alcohol dependence syndrome
BBF1031	Alcohol withdrawal seizure
BBF103	Alcohol withdrawal syndrome
F500	Anorexia nervosa
F419	Anxiety disorder
BBF419	Anxiety disorder
BBF319	Bipolar affective disorder
F6031	Borderline type
F05	Delirium
F059	Delirium
BBF059	Delirium (acute confusion)
F051	Delirium superimposed on dementia
BBF03	Dementia
F1073	Dementia
F00	Dementia in Alzheimer's disease
F002	Dementia in Alzheimer's disease
F001	Dementia in Alzheimer's disease with late onset (G301+)
F023	Dementia in Parkinson's disease (G20X+)
BBF112	Dependence on opioids
BBF132	Dependence on sedatives or hypnotics
BBF329	Depressive disorder
F329	Depressive episode
F32	Depressive episodes
F449	Dissociative [conversion] disorder
F44	Dissociative [conversion] disorders
F445	Dissociative convulsions
F900	Disturbance of activity and attention
BBF509	Eating disorder
F509	Eating disorder
F603	Emotionally unstable personality disorder
BBF603	Emotionally unstable personality disorder
BBF681	Factitious disorder
F982	Feeding disorder of infancy and childhood
BBF421	Functional or Dissociative
F411	Generalized anxiety disorder
BBF300	Hypomania
BBF302	Mania
F302	Mania with psychotic symptoms
F301	Mania without psychotic symptoms
F309	Manic episode
F19	Mental and behavioural disorders due to multiple drug use and use of other psychoactive substances
F190	Mental and behavioural disorders due to multiple drug use and use of other psychoactive substances. Acute intoxication
F192	Mental and behavioural disorders due to multiple drug use and use of other psychoactive substances. Dependence syndrome
F191	Mental and behavioural disorders due to multiple drug use and use of other psychoactive substances. Harmful use
F199	Mental and behavioural disorders due to multiple drug use and use of other psychoactive substances. Unspecified mental and behavioural disorder
F10	Mental and behavioural disorders due to use of alcohol
F100	Mental and behavioural disorders due to use of alcohol. Acute intoxication
F102	Mental and behavioural disorders due to use of alcohol. Dependence syndrome
F101	Mental and behavioural disorders due to use of alcohol. Harmful use
F109	Mental and behavioural disorders due to use of alcohol. Unspecified mental and behavioural disorder
F103	Mental and behavioural disorders due to use of alcohol. Withdrawal state
F14	Mental and behavioural disorders due to use of cocaine
F141	Mental and behavioural disorders due to use of cocaine. Harmful use
F110	Mental and behavioural disorders due to use of opioids. Acute intoxication
F112	Mental and behavioural disorders due to use of opioids. Dependence syndrome
F15	Mental and behavioural disorders due to use of other stimulants
F130	Mental and behavioural disorders due to use of sedatives or hypnotics. Acute intoxication
F134	Mental and behavioural disorders due to use of sedatives or hypnotics. Withdrawal state with delirium
F99	Mental disorder
F067	Mild cognitive disorder
F510	Nonorganic insomnia
F41	Other anxiety disorders
F058	Other delirium
F408	Other phobic anxiety disorders
BBF420	Panic attack
F410	Panic disorder [episodic paroxysmal anxiety]
F200	Paranoid schizophrenia
F34	Persistent mood [affective] disorders
BBF609	Personality disorder
BBF072	Post concussion syndrome (more than 1 day post incident)
BBF445	Pseudoseizure
BBF24	Psychotic disorder
F339	Recurrent depressive disorder
F332	Recurrent depressive disorder
F250	Schizoaffective disorder
BBF209	Schizophrenia
F69	Unspecified disorder of adult personality and behaviour
F29X	Unspecified nonorganic psychosis
F29	Unspecified nonorganic psychosis
F01	Vascular dementia
F505	Vomiting associated with other psychological disturbances
F1001	With trauma or other bodily injury

year	Admitted	Not Admitted
2021	33	238
2022	49	338
2023	26	280
2024	34	288
2025	28	251
2026	25	178

year	Not Admitted	Admitted
2017	5<	0
2018	89	14
2019	117	13
2020	165	32
2021	35	9

year	Admitted	Not Admitted
2017	154	528
2018	1088	3367
2019	1598	3109
2020	1750	2069
2021	1709	2635
2022	1367	2856
2023	1514	2702
2024	1432	2697
2025	1643	2636
2026	1082	1745

year	Admitted	Not Admitted
2017	5<	5<
2018	548	1769
2019	656	1990
2020	559	1940
2021	557	2032
2022	448	1619
2023	502	1298
2024	466	1217
2025	393	1188
2026	261	804