

Date 14 September 2026  
Your Ref  
Our Ref 11819

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Dear

## FREEDOM OF INFORMATION – GIC

I write in response to your request for information in relation to the Chalmers Gender Identity Clinic and their surgical assessment waitlist.

Question:

1. How many patients have been added to the surgical assessment waiting list, for each month since October 2023 until now? (ie. 100 patients in October 2023, 150 in November 2023, etc.)

Answer:

| Year / Month | No of Patients |
|--------------|----------------|
| 2023/11      | 27             |
| 2023/12      | 27             |
| 2024/01      | 29             |
| 2024/02      | 36             |
| 2024/03      | 25             |
| 2024/04      | 43             |
| 2024/05      | 21             |
| 2024/06      | 33             |
| 2024/07      | 32             |
| 2024/08      | 22             |
| 2024/09      | 19             |
| 2024/10      | 26             |
| 2024/11      | 32             |
| 2024/12      | 29             |
| 2025/01      | 30             |
| 2025/02      | 43             |
| 2025/03      | 25             |
| 2025/04      | 29             |
| 2025/05      | 22             |
| 2025/06      | 22             |

|         |    |
|---------|----|
| 2025/07 | 24 |
| 2025/08 | 22 |
| 2025/09 | 34 |
| 2025/10 | 34 |
| 2025/11 | 15 |
| 2025/12 | 11 |
| 2026/01 | 20 |
| 2026/02 | 32 |
| 2026/03 | 13 |
| 2026/04 | 7  |
| 2026/05 | 13 |
| 2026/06 | 15 |
| 2026/07 | 22 |
| 2026/08 | 5< |

Question:

2. How many patients have had their first surgical assessment per month in 2026?

Answer:

| Year / Month | No of Patients |
|--------------|----------------|
| 2026/01      | 5<             |
| 2026/02      | 5<             |
| 2026/03      | 5<             |
| 2026/04      | 5<             |
| 2026/05      | 5<             |
| 2026/06      | 11             |
| 2026/07      | 10             |

To protect the identity of the individuals involved any figure of 5 or less has not been shown in the table above. Since we do not have their consent to release this data from their records, the information is exempt under section 38(1)(b) of the Freedom of Information (Scotland) Act i.e. to provide it would breach the Data Protection Act (2018).

Question:

3. Have there have been any issues which have caused a significant decrease in how many first surgical assessments have been provided?

Answer:

Our Clinical Psychologist left their post in January 2026, and as a result the number of first surgical assessment we can provide decreased significantly.

Question:

4. What plans are there to speed up the surgical assessment waitlist, if any?

Answer:

We have hired a new Clinical Psychologist who will begin working with us in September 2026.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at [www.itspublicknowledge.info/Appeal](http://www.itspublicknowledge.info/Appeal). If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

**ALISON MACDONALD**  
**Executive Director, Nursing**  
Cc: Chief Executive