

Date 25 August 2026
Your Ref
Our Ref 11771

Enquiries to Richard Mutch
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Dear

FREEDOM OF INFORMATION – ADULT ADHD SERVICE

I write in response to your request for information in relation to Adult ADHD Services.

Question:

- Under the Freedom of Information (Scotland) Act 2002, I would be grateful if you could provide the following information regarding the NHS Lothian Adult ADHD Service:
 1. What month and year of adult ADHD diagnoses are currently being invited to begin medication titration?
 2. How many patients are currently waiting to start ADHD medication titration?
 3. What is the current median waiting time from diagnosis to the first titration appointment?
 4. What is the longest current wait from diagnosis to the first titration appointment?
 5. How many clinicians are currently authorised to prescribe and supervise ADHD medication titration within the adult service?
 6. If available, what is the estimated waiting time for a person diagnosed today to begin medication titration?

Answer:

Unfortunately, we are unable to provide answers to this as the way the information is recorded in Trak does not allow us to report on ADHD services specifically and is it also not held within Pharmacy.

I am advised that the majority of patients are not on a specific ADHD waiting list. The majority of patients are on a non-specific “Neurodevelopmental Assessment” list and without reviewing each patient’s clinical notes, we are unable to say whether these patients are waiting for an ADHD, ASD or other neurodevelopmental assessment.

Under the Freedom of Information Act NHS Lothian is not required to create new records to enable it to respond to your enquiry. This information is not collated or held in aggregate form and it would be necessary to review all case files relating to patients over the period you have requested to assemble the information you seek. Even if NHS Lothian did this – and there would be significant cost implications in doing so – it would be unable to respond in full to your request. The information requested is therefore exempt under section 12.1 – Cost.

I am sorry I cannot help further with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive