

Date 03 August 2026
Your Ref
Our Ref 11674

Enquiries to Richard Mutch
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Dear

FREEDOM OF INFORMATION – ADULT ADHD ASSESSMENT

I write in response to your request for information in relation to adult ADHD assessment.

Question:

1. What is the total number of individuals on a waiting list for an adult ADHD assessment, as of the most recent date for which figures are held?

Please provide a breakdown of this total by recorded gender, where this information is held.

2. Is there an active assessment pathway and/or waiting list accepting referrals for adult ADHD assessment?

If the pathway and/or waiting list is capped or restricted in any way, please specify how the cap operates and/or the restriction criteria.

3. If there is no longer an active assessment pathway or notting list for adult ADHD assessment, please provide: (1) the date the service closed and (2) the number of individuals on the waiting list at service closure.

If the number of individuals on the waiting list at service closure was '0' or this data is not held, please instead provide: (1) the date of service closure, (2) the number of individuals on the waiting list 12 months before service closure, and

(3) the total number of assessments carried out across the 12 months before service closure.

Please also provide a breakdown of these totals (regarding the numbers of individuals) by recorded gender, where this information is held.

4. What is the total number of adult ADHD referrals received in each of the last 5 full financial years, and the year-to-date for the current financial year?

Please provide a breakdown of these totals by recorded gender (of the referred individual), where this information is held.

5. What is the total number of adult ADHD assessments carried out in each of the last 5 full financial years, and the year-to-date for the current financial year?

Please provide a breakdown of these totals by recorded gender (of the assessed individual), where this information is held.

6. What is the shortest and longest recorded wait, in weeks, between referral and completed assessment appointment for adult ADHD in the last 5 full financial years?
7. What is the average wait time, in weeks, between referral and completed assessment appointment for adult ADHD in each of the past 5 full financial years, and the year-to-date for the current financial year?
8. What is the longest current wait, in weeks, of any individual currently on the adult ADHD assessment waiting list (i.e. time elapsed between referral and present date where an assessment has not yet been carried out/completed)?
9. What is the total number of people currently on a waiting list to begin medication titration following an adult ADHD diagnosis, as of the most recent date for which figures are held?

Please provide a breakdown of this total by recorded gender, where this information is held.

10. Are new shared care agreements for adult ADHD treatment offered by the health board?

If they are, please identify how many individuals entered a shared care agreement in the last 12 months. Please provide a breakdown of this total by recorded gender, where this information is held.

If they are not, please identify the date new shared care agreements stopped being offered.

11. What is the total number of individuals in each of the last 5 full financial years, and year-to-date for the current financial year, who had/have an arranged shared care agreement for adult ADHD treatment?

Please provide a breakdown of each of these totals by recorded gender, where this information is held

12. What is the total number, in each of the last 5 full financial years, of individuals referred for assessment under CAMHS who aged out of CAMHS' services before accessing their ADHD assessment?

Please provide a breakdown of each of these totals by recorded gender, where this information is held.

13. Is there an available assessment pathway for adults originally referred for assessment under CAMHS but who were unable to access ADHD assessment before aging out of the service?

Answer:

1.	Unable to provide due to data system does not enable reporting on ADHD separately.*
2.	Yes - Not capped or restricted.
3.	Not applicable.
4.	Unable to provide due to data system does not enable reporting on ADHD separately.*
5.	Unable to provide due to data system does not enable reporting on ADHD separately.*
6.	Unable to provide due to data system does not enable reporting on ADHD separately.*
7.	Unable to provide due to data system does not enable reporting on ADHD separately.*
8.	Unable to provide due to data system does not enable reporting on ADHD separately.*
9.	Unable to provide due to data system does not enable reporting on ADHD separately.*
10.	There is a NHS Lothian shared care agreement. This would be resource intensive unable to provide.*
11.	This would be resource intensive unable to provide.*
12.	CAMHS need to answer.
13.	Currently we work from a Child and Adolescent Mental Health Service (CAMHS) Neurodevelopmental Assessment Transition to Midlothian Adult Mental Health Services SOP.

It should be noted that the majority of adult patients are not on a specific ADHD / ASD waiting list. The majority of patients are on a non-specific "Neurodevelopmental Assessment" list and without reviewing each patient's clinical notes, we are unable to say whether these patients are waiting for an ADHD, ASD or other neurodevelopmental assessment.

Under the Freedom of Information Act NHS Lothian is not required to create new records to enable it to respond to your enquiry. This information is not collated or held in aggregate form and it would be necessary to review all case files relating to patients over the period you have requested to assemble the information you seek. Even if NHS Lothian did this – and there would be significant cost implications in doing so – it would be unable to respond in full to your request. The information requested is therefore exempt under section 12.1 – Cost.

I am sorry I cannot help further with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will

reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive