

Date 14 July 2026  
Our Ref 11596

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Dear

## FREEDOM OF INFORMATION – ECT TREATMENTS

I write in response to your request for information in relation to ECT treatments.

### Question:

1. Please provide the number of ECT treatments given to patients (if any) in the calendar years 2020, 2021, 2022, 2023, 2024 and 2025
2. Please provide the number of patients (if any) having received ECT treatment in the calendar years 2020, 2021, 2022, 2023, 2024 and 2025

### Answer:

| Year | ECT Treatments | Patients |
|------|----------------|----------|
| 2020 | 193            | 22       |
| 2021 | 274            | 49       |
| 2022 | 263            | 47       |
| 2023 | 191            | 39       |
| 2024 | 234            | 48       |
| 2025 | 239            | 53       |

### Notes

*Includes all inpatients who had an ECT treatment (Operation Code; A83) between '01,Jan,2020' and '31,Dec,2025' split by Discharge Year*

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at

[www.itspublicknowledge.info/Appeal](http://www.itspublicknowledge.info/Appeal). If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

**ALISON MACDONALD**  
**Executive Director, Nursing**  
Cc: Chief Executive