

Date 02/07/2026  
Your Ref  
Our Ref 11559

Enquiries to Richard Mutch  
Extension 35687  
Direct Line 0131 465 5687  
[loth.freedomofinformation@nhs.scot](mailto:loth.freedomofinformation@nhs.scot)  
[richard.mutch@nhs.scot](mailto:richard.mutch@nhs.scot)

Dear

## FREEDOM OF INFORMATION – DIABETES

I write in response to your request for information in relation to Diabetes.

Question:

- For the last year where you have a full year's data, please can you tell me the following for hospitals that fall under your jurisdiction:
- How many Maternity patients were treated for Gestational Diabetes Mellitus (GDM) in the 12-month period?

Answer:

Figures extracted from SCI Diabetes (25/06/2026)  
Lothian Type 1 ----5791  
Lothian GDM---- 677  
Lothian Type 2 ----50,097

Question:

- Do you have a digital product to support the treatment of patients with GDM?

Answer:

In NHS Lothian we use the 4 sure blood glucose meters linked to the Glooko platform

Question:

- If you have a digital product, can you supply the total contract value and duration?

Answer:

The Diabetes service pay annual subscription costs to Glooko (which you will hold).

Question:

- How many type 1 diabetes patients (all adults & paediatrics) do you care for in your hospitals?

Headquarters  
Mainpoint  
102 West Port  
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE  
Chief Executive Professor Caroline Hiscox  
*Lothian NHS Board is the common  
name of Lothian Health Board*

Answer:

We have assumed this is how many patients in Lothian not inpatients  
From SCI Diabetes 5,319 adults, 514 <18 = 5,833

Question:

5. How many type 2 diabetes patients (all adults & paediatrics) specifically on insulin do you care for in your hospitals?

Answer:

We have assumed this is how many patients in Lothian and not people who have required inpatient care,

From SCI Diabetes – 51,790 Type 2 in Lothian.

Lothian Type 2 on Insulin----

- Insulin 5,332
- Oral Agents + Insulin 3,661

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at [www.itspublicknowledge.info/Appeal](http://www.itspublicknowledge.info/Appeal). If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslotthian.scot/FOI/Pages/default.aspx>

Yours sincerely

**ALISON MACDONALD**  
**Executive Director, Nursing**  
Cc: Chief Executive