

Dear

### FREEDOM OF INFORMATION – UTERINE FIBROIDS AND ENDOMETRIOSIS

I write in response to your request for information in relation to Uterine Fibroids and Endometriosis.

Question:

1.

- a. The latest version of the local guidelines used for the treatment of Uterine Fibroids.
- b. If there are no local guidelines written, then which National Guidelines are your clinicians directed to use?

Answer:

a.	We do not have a guideline for the treatment of uterine fibroids.
b.	There are various guidelines (NICE, ESHRE, RCOG) in existence and which are applicable to current NHS practice, our clinicians are not directed to any specific guideline at the exclusion of the others.

Question:

2.

- a. The latest version of the local guidelines used for the treatment of Endometriosis.
- b. If there are no local guidelines written, then which National Guidelines are your clinicians directed to use?

Answer:

a.	We do not have a guideline for the treatment of endometriosis.
b.	There are various guidelines (NICE, ESHRE, RCOG, BSGE) in existence and which are applicable to current NHS practice, our clinicians are not directed towards any specific guideline at the exclusion of the others.

Question:

- 3. Which Hospitals within your catchment area are centres for the treatment of Uterine Fibroids and Endometriosis?



Answer:

If 'catchment area' refers to NHS Lothian, uterine fibroids and endometriosis are treated at all sites where there are general gynaecological services:

Royal Infirmary of Edinburgh, St John's Hospital, East Lothian Community Hospital, and Western General Hospital.

Operations under anaesthetic are not performed in East Lothian Community Hospital.

Complex endometriosis is treated at the Royal Infirmary and Western General Hospital, and this service takes referrals from outside NHS Lothian provided the referral is made by another consultant gynaecologist for patients in NHS Fife, NHS Borders, & NHS Forth Valley.

Question:

4. Can I have a link to the formulary of formularies that cover the hospitals listed in Question 3.

Answer:

The East Region Formulary - <https://formulary.nhs.scot/east>.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at [www.itspublicknowledge.info/Appeal](http://www.itspublicknowledge.info/Appeal). If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

**ALISON MACDONALD**  
**Executive Director, Nursing**  
Cc: Chief Executive