

Dear

## FREEDOM OF INFORMATION – WEST LOTHIAN CAMHS WAITING TIMES

I write in response to your request for information in relation to wating times for the Child and Adolescent Mental Health Service in West Lothian.

### Question:

Please provide the number of children and young people resident in West Lothian who are waiting for a first CAMHS (Child and Adolescent Mental Health Services) appointment within NHS Lothian who have been waiting: Over 18 weeks; and over 52 weeks.

I request that this information covers the period from 1 January 2025 to present, and is broken down by month where possible.

If residency-based data is not held, please advise what equivalent locality-based CAMHS data is available.

### Answer:

The information you have requested is detailed in the table below. This shows patients on the waiting list for a first appointment with the Child and Adolescent Mental Health Service West Lothian Team. The first appointment would be for assessment, while any treatment would start at the second appointment.

I have not released numbers of 5 or fewer in the table, as this information could lead to the identification of the individuals involved. Since we do not have their consent to release their personal data, the information is exempt under section 38 of the Freedom of Information (Scotland) Act 2002 as to provide it would breach the principles of the Data Protection Act 2018.

West Lothian CAMHS waiting times over 18 weeks, NHS Lothian		
Month	19-52 weeks	Over 52 weeks
Jan-25	0	0
Feb-25	0	0
Mar-25	0	0
Apr-25	6	0
May-25	≤5	0



West Lothian CAMHS waiting times over 18 weeks, NHS Lothian		
Month	19-52 weeks	Over 52 weeks
Jun-25	≤5	0
Jul-25	≤5	0
Aug-25	0	0
Sep-25	0	0
Oct-25	0	0
Nov-25	0	0
Dec-25	0	0
Jan-26	≤5	0
Feb-26	0	0

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at <https://www.foi.scot/appeal>. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the reviewer at the address at the top of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI>

Yours sincerely

**ALISON MACDONALD**  
**Executive Director of Nursing Midwifery and AHPs**  
 Cc: Chief Executive