

Dear

## **FREEDOM OF INFORMATION – MENTAL HEALTH**

I write in response to your request for information in relation to mental health treatment in NHS Lothian.

Question:

1. From January 2025 to December 2025 how many people have attended A&E with mental health related issues.

Answer:

769

Question:

2. Following attendance to A&E for mental health related issues how many were admitted to general/medical bed and/or mental health beds.

Answer:

135.

Question:

3. From January 2025 to December 2025 how many referrals has been made to the community mental health team.

Answer:

2,469.

Question:

4. From January 2025 to December 2025 how many of the referrals are put on the waiting list for the adult community mental health team.

Answer:

Due to the triage process in Adult Mental Health services, we are unable to say how many referrals were rejected for a specific team. The figure of 2,469 is all the referrals accepted and added to the Community Mental Health Teams' waiting lists.

Question:

5. From January 2025 to December 2025 what is the longest wait on the waiting list for adult services and the community mental health team.

Answer:

I am not able to release information about the single longest wait, as this information could lead to the identification of the individual patient involved. Since we do not have their consent to release their personal data, the information is exempt under section 38 of the Freedom of Information (Scotland) Act 2002 as to provide it would breach the principles of the Data Protection Act 2018.

Question:

6. From January 2025 to December 2025 how many referrals to addictions services.

Answer:

2,761.

Question:

7. From January 2025 to December 2025 how many acute adults' mental health bed is available within the area.

Answer:

Royal Edinburgh Hospital – 105 beds  
St John's Hospital Mental Health – 27 beds

Question:

8. From January 2025 to December 2025 how many referrals has been made to all children and adolescents mental health services.

Answer:

7,515.

Question:

9. From January 2025 to December 2025 what is the longest wait time to been seen by children and adolescent mental health services.

Answer:

I am not able to release information about the single longest wait, as this information could lead to the identification of the individual patient involved. Since we do not have their consent to release their personal data, the information is exempt under section 38 of the Freedom of Information (Scotland) Act 2002 as to provide it would breach the principles of the Data Protection Act 2018.

Question:

10. From January 2025 to December 2025 How many of the referrals were rejected for child and adolescents' mental health services.

Answer:

1,922.

Question:

11. From January 2025 to December 2025 how many referrals were made to neurodevelopment services.

Answer:

Adults – 2,948

Children and young people – 3,960.

Question:

12. From January 2025 to December 2025 what is the longest wait time to been seen by neurodevelopment services.

Answer:

I am not able to release information about the single longest wait, as this information could lead to the identification of the individual patient involved. Since we do not have their consent to release their personal data, the information is exempt under section 38 of the Freedom of Information (Scotland) Act 2002 as to provide it would breach the principles of the Data Protection Act 2018.

Question:

13. From January 2024 to December 2024 how many children and adolescents' mental health beds are available within the area.

Answer:

10 beds.

Question:

14. From January 2025 to December 2025 how many suicides review or Significant Adverse Event Review took place.

Answer:

All incidents of major harm or unexpected death in NHS Lothian are reviewed. The table below details the different review status for suicide or attempted suicide incidents in NHS Lothian. This includes incidents that happened in healthcare settings and those that happened in the community with people either under NHS Lothian's care, or seen in the past twelve months.

I have not released numbers of 5 or fewer in the table, as this information could lead to the identification of the individuals involved. Since we do not have their consent to release their personal data, the information is exempt under section 38 of the Freedom of Information (Scotland) Act 2002 as to provide it would breach the principles of the Data Protection Act 2018.

<b>Suicide reviews, NHS Lothian, January – December 2025</b>		
<b>Review type</b>	<b>Suicide</b>	<b>Attempted suicide</b>
Significant Adverse Event review	0	81
Briefing note	0	≤5
Structured Mortality Review	≤5	0
Local adverse event review	0	≤5
Local case review – mental health	11	≤5
Open – review in progress	12	7

Question:

15. From January 2025 to December 2025 how many referrals were made to the Distress Brief Intervention.

Answer:

This information is not collected centrally. Information may be held in individual patient records, but in order to provide the information you request it would be necessary to review each patient record over the period you have specified, requiring significant resources. Under section 12 of the Freedom of Information (Scotland) Act 2002, NHS Lothian is not required to respond to your request if the resources required to do so equate to more than £600 in cost.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at <https://www.foi.scot/appeal>. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.



If you require a review of our decision to be carried out, please write to the reviewer at the address at the top of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI>

Yours sincerely

**ALISON MACDONALD**  
**Executive Director of Nursing Midwifery and AHPs**  
Cc: Chief Executive