

Dear

FREEDOM OF INFORMATION – REFERRALS

I write in response to your request for information in relation to referrals for an ASD or ADHD.

Please note referrals for an ASD or ADHD assessment for Children and Adults are generally added to a “Neurodevelopmental Assessment” list rather than a condition specific list. We are therefore unable to split the data by specific condition. The data reported is for patients referred for and currently waiting a Neurodevelopmental assessment.

Question:

- Please could I have the following information for 2024/25 and 2025/2026 to day - broken down by year:
 - 1) How many referrals have been made by GPs for assessments for ADHD for
 - a) children
 - b) adults
 - 2) How many referrals have been made by GPs for assessments for autism for
 - a) children
 - b) adults

Answer:

Age Group	Referral Year (FY)	
	2024/25	2025/26*
CYP, GP Referrals	2,128	1,440
Adult, GP Referrals	3,616	2,607

* Figures are reported by financial year. Referral data for 2026 is up to 09/02/26

Question:

- In the case that the board does not specify the condition for each referral, could you provide the general referral numbers for a) children and b) adults across these years.

Headquarters
Mainpoint
102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
Lothian NHS Board is the common name of Lothian Health Board

3) How long is the waiting time in weeks for an ADHD assessment for
a) children
b) adults

4) How long is the waiting time in weeks for an autism assessment for
a) children
b) adults

Answer:

Age Group	Median Weeks Waiting*
CYP Current waits	87
Adult Current waits	97

*Median weeks waited for all patients currently on a Neurodevelopmental waiting list on 09/02/26

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive