

Dear

FREEDOM OF INFORMATION – ANTIRETROVIRAL THERAPY

I write in response to your request for information in relation to Antiretroviral Therapy (ART).

Question:

1. How many patients with HIV in total were seen for care and treated with ART in your Trust in the latest 3 months of available data? _____ total patients treated with ART
2. How many patients newly diagnosed with HIV were initiated on Antiretroviral Therapy (ART) in your Trust in the latest 3 months of available data? _____ total patients newly diagnosed initiated on ART
3. How many patients with HIV have had their ART switched in your Trust in the latest 3 months of available data? _____ patients who switched therapy
4. Of the patients identified in Question 3, how many were switched from/to the following therapies?
5. Please specify the dates of the latest 3 months of available date in month / year format.
_____ MM/YY

Answer:

Antiretroviral Therapies are prescribed from two clinic areas within NHS Lothian. Please find attached the data for both Chalmers Hospital (Lothian Sexual Health Service) and the Western General Regional Infectious Disease Unit (RIDU).

To protect the identity of the individuals involved any figure of 5 or less has not been shown in this response. Since we do not have their consent to release this data from their records, the information is exempt under section 38(1)(b) of the Freedom of Information (Scotland) Act i.e. to provide it would breach the Data Protection Act (2018).

It is possible that some patients may have moved from one clinic to another within this time period.

Headquarters
Mainpoint
102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
Lothian NHS Board is the common name of Lothian Health Board



I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive
Enc.

FOI Request: Antiretroviral Therapy (ART) Treatment and Switching - Lothian Sexual and Reproductive Health Service (Chalmers)

Question 1. How many patients with HIV in total were seen for care and treated with ART in your Trust in the latest 3 months of available data?

444 total patients treated with ART

Question 2. How many patients newly diagnosed with HIV were initiated on Antiretroviral Therapy (ART) in your Trust in the latest 3 months of available data?

__N/A__ total patients newly diagnosed initiated on ART

Question 3. How many patients with HIV have had their ART switched in your Trust in the latest 3 months of available data?

__6__ patients who switched therapy

Question 4. Of the patients identified in Question 3, how many were switched from/to the following therapies?

Therapy	Total switched patients
Emtricitabine/tenofovir alafenamide (fixed dose combination) + any other ART to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)	nil
Emtricitabine/tenofovir alafenamide (fixed dose combination) + any other ART to Dovato (dolutegravir/lamivudine)	nil
Emtricitabine/tenofovir disoproxil (fixed dose combination) + any other ART to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)	nil
Emtricitabine/tenofovir disoproxil (fixed dose combination) + any other ART to Dovato (dolutegravir/lamivudine)	5<
Triumeq (dolutegravir/abacavir/lamivudine) to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)	nil
Triumeq (dolutegravir/abacavir/lamivudine) to Dovato (dolutegravir/lamivudine)	5<
Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide) to Dovato (dolutegravir/lamivudine)	nil
Any other ART** to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)	nil
Any other ART** to Dovato (dolutegravir/lamivudine)	nil

**** NOTE:** "Any other ART" - if the patient was given one of the regimens listed earlier, leave that patient in the rows above so they are not double counted.

Question 5. Please specify the dates of the latest 3 months of available date in month / year format.

__October 2025, November 2025, December 2025_____ MM/YY

FOI Request: Antiretroviral Therapy (ART) Treatment and Switching – RIDU

Question 1. How many patients with HIV in total were seen for care and treated with ART in your Trust in the latest 3 months of available data?

__637__ total patients treated with ART

Question 2. How many patients newly diagnosed with HIV were initiated on Antiretroviral Therapy (ART) in your Trust in the latest 3 months of available data?

__5<__ total patients newly diagnosed initiated on ART

Question 3. How many patients with HIV have had their ART switched in your Trust in the latest 3 months of available data?

__26__ patients who switched therapy

Question 4. Of the patients identified in Question 3, how many were switched from/to the following therapies?

Therapy	Total switched patients
Emtricitabine/tenofovir alafenamide (fixed dose combination) + any other ART to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)	5<
Emtricitabine/tenofovir alafenamide (fixed dose combination) + any other ART to Dovato (dolutegravir/lamivudine)	0
Emtricitabine/tenofovir disoproxil (fixed dose combination) + any other ART to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)	5<
Emtricitabine/tenofovir disoproxil (fixed dose combination) + any other ART to Dovato (dolutegravir/lamivudine)	5<
Triumeq (dolutegravir/abacavir/lamivudine) to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)	0
Triumeq (dolutegravir/abacavir/lamivudine) to Dovato (dolutegravir/lamivudine)	5<
Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide) to Dovato (dolutegravir/lamivudine)	5<
Any other ART** to Biktarvy (bictegravir/emtricitabine/tenofovir alafenamide)	7
Any other ART** to Dovato (dolutegravir/lamivudine)	5<

**** NOTE:** “Any other ART” - if the patient was given one of the regimens listed earlier, leave that patient in the rows above so they are not double counted.

Question 5. Please specify the dates of the latest 3 months of available date in month / year format.

October 2025, November 2025, December 2025