

Date 20/01/2026  
Your Ref  
Our Ref 10981

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Dear

## **FREEDOM OF INFORMATION – ADULT ADHD**

I write in response to your request for information in relation to adult ADHD assessment.

### Question:

- Could you confirm, in the number of months, the remaining waiting time for adult ADHD assessment in East Lothian, for patients referred for assessment in July 2023, please?

### Answer:

I am advised that there is no fixed timeframe for this assessment, however it would be approximately 35 months. The service have informed me that they will contact you directly to provide further detail.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at [www.itspublicknowledge.info/Appeal](http://www.itspublicknowledge.info/Appeal). If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

**ALISON MACDONALD**  
**Executive Director, Nursing**  
Cc: Chief Executive