

Date 14/01/2025
Your Ref
Our Ref 10931

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
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Dear

FREEDOM OF INFORMATION – PLAY TEAM

I write in response to your request for information in relation to the Play Team and/or Health Play Specialists and/or health play qualified workers

Question:

- Enclosed spreadsheet in relation to the Play Team and/or Health Play Specialists and/or health play qualified workers

Answer:

Please see the enclosed response in the spreadsheet provided.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

Headquarters
Mainpoint
102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
Lothian NHS Board is the common name of Lothian Health Board



FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive
Enc.

Section 1: Information about completing this FOI request

Who has contributed to filling in this FOI response? Please provide job titles, not names.	Were the Play Team and/or Health Play Specialists and/or health play providers involved in completing the response? (Y/N)
Clinical Nurse Manager	Y
Play Team Lead	

Section 2a: FOR ACUTE HOSPITALS ONLY - Information about numbers of wards and beds and types of play provision

Between 1st April 2024 and 31st March 2025, for each hospital that cares for 0-17 year olds, I would like to know information about the numbers of wards/departments and beds that care for 0-17 year olds and the types of play provision. To provide this information, please use the following table (you may need to list each hospital in multiple rows to cover all wards/departments).

Name of hospital that cares for 0-17 year olds	Name of ward/departments that cares for 0-17 year olds	Number of beds for 0-17 year olds in this ward/departments	Are 0-17 year olds supported by a member of the play team in this ward/departments? (Y/N)	Do 0-17 year olds have access to an indoor playroom/area in this ward/departments? (Y/N)	Do 0-17 year olds have access to a designated outdoor play area in this ward/departments? (Y/N)	Do 0-17 year olds have access to play resources such as toys, games, activities etc in this ward/departments? (Y/N)
RHCHYP	Castle May	34	Y	Y	Y	Y
RHCHYP	Dalhousie	29	Y	Y	Y	Y
RHCHYP	Orillon	9	Y	Y	Y	Y
RHCHYP	Lochranra	11	Y	Y	Y	Y
RHCHYP	Outpatients	N/A	Y	Y	N	Y
RHCHYP	Emergency Department	N/A	Y	Y	Y	Y
RHCHYP	Tarleton	15	Y	Y	Y	Y
RHCHYP	Paediatric Critical Care	16	Y - two afternoons per week	N	N	Y
RHCHYP	Dumagau	14	Y	Y	Y	Y
RHCHYP	Borthwick	12	Y	Y	Y	Y
St John's Hospital	Children's Ward	Y	Y	N	Y	Y
RHCHYP	Orillon	N/A	Y	N	Y	Y

*Please see Appendix A below for list of job titles

Section 2b: FOR COMMUNITY OR MENTAL HEALTH TEAMS/SETTINGS/SERVICES ONLY - Information about numbers of teams/settings/services, and types of play provision

Between 1st April 2024 and 31st March 2025, for each team/setting/service that cares for 0-17 year olds, I would like to know information about the numbers of 0-17 year olds seen and the types of play provision. To provide this information, please use the following table.

Name of team/setting/service that cares for 0-17 year olds	Number of 0-17 year olds seen by this team/setting/service	If applicable, number of beds for 0-17 year olds in this team/setting/service	Are 0-17 year olds supported by a health play professional in this team/setting/service? (Y/N)	Do 0-17 year olds have access to an indoor playroom/area in this team/setting/service? (Y/N)	Do 0-17 year olds have access to a designated outdoor play area in this team/setting/service? (Y/N)	Do 0-17 year olds have access to play resources such as toys, games, activities etc in this team/setting/service? (Y/N)	If support is provided to 0-17 year olds at home, do they have access to play services provided by your team/setting/service? (Y/N)
CAMHS South Out-Patient Team		N/A	They are HCPC qualified OUs who have done additional training to meet the requirements of RPSG and the NHS	N	N	N	
CAMHS North Out-Patient Team		N/A	They are HCPC qualified OUs who have done additional training	N	N	N	
CAMHS Inpatient		N/A	They are HCPC qualified OUs who have done additional training	N	N	N	
CAMHS East Lothian		N/A	They are HCPC qualified OUs who have done additional training	N	N	N	
CAMHS West Lothian		N/A	They are HCPC qualified OUs who have done additional training	Y	N	N	

*Please see Appendix A below for list of job titles

Section 3a: FOR ACUTE HOSPITALS ONLY - Information about the current Play Team(s)

For each hospital that cares for 0-17 year olds, I would like to know the following information about the current Play Team(s). To provide this information, please use the following table:

Name of hospital that cares for 0-17 year olds	Which Directorate(s) does the Play Team(s) sit in?	How many health play professionals are in the Play Team(s)?	How many of these are qualified Health Play Specialists (including Senior Health Play Specialists)?	How many other health professionals (aside from the Play Team) have responsibility for delivering play?	Do you employ any other health professionals who have a health play specification qualification, but their job title does not include the word 'play'? (Y/N). If yes, please tell us their job title(s).
RHCHYP	Nursing	18	0	0	
St John's	Nursing	1	0	0	N

Also, for each hospital that cares for 0-17 year olds, I would like to know what job titles are within the Play Team(s) and some subsequent information about their roles. To provide this information, please use the following table (you may need to list each hospital in multiple rows to cover all wards/departments). NB If multiple members of staff share the same job title, please list each staff member separately as the subsequent information about their roles might differ. Please see Appendix A below for a list of Play Team job titles and their definitions (not exhaustive but can help to make distinctions between each job title).

Name of hospital that cares for 0-17 year olds	Name of ward/departments that cares for 0-17 year olds	What is their job title?	Are they registered with the Society of Health Play Specialists (SHSPP)?	What is their salary band?	What is their WTE? (e.g., 1, 0.8, 0.6 etc)	What is their average number of hours per shift?	Are there occasions where they work beyond their shift hours? (Y/N). If yes, what is their average number of hours worked beyond their shift hours?	Do they work in the community? (Y/N)	Do they have a qualification in health play specification? (Y/N). If yes, what is their average number of hours worked beyond their shift hours?	What play-related qualifications do they have? Please list
RHCHYP	Castle May	Health Play Assistant	N		2	7.5	N	N	N	
RHCHYP	Castle May	Health Play Assistant	N		2	0.8	10	N	No but currently completing the course	
RHCHYP	Dalhousie	Health Play Specialist	Y		4	7	7.5	N	Y	
RHCHYP	Orillon	Nursery Nurse	N		4	0.8	8	N	N	
RHCHYP	Lochranra	Health Play Specialist	Y		4	1	7.5	N	Y	
RHCHYP	Outpatients	Nursery Nurse	N		4	0.44	8.5	N	N	
RHCHYP	Emergency Department	Health Play Assistant	N		2	0.44	8.5	N	N	
RHCHYP	Emergency Department	Health Play Assistant	N		2	0.8	0	N	N	
RHCHYP	Tarleton	Health Play Assistant	N		4	0.55	7	N	N	
RHCHYP	Dumagau	Health Play Specialist	Y		4	0.8	7.5	N	Y	
RHCHYP	Borthwick	Health Play Specialist	Y		4	7.5	N	Y	N	
St John's Hospital	Children's Ward	Health Play Assistant	N		2	0.8	6	N	N	
RHCHYP	Orillon	Health Play Specialist	Y		4	0.75	7.5	N	Y	
RHCHYP	Orillon	Health Play Specialist	Y		4	0.63	6	N	Y	
RHCHYP	Orillon	Health Play Specialist	Y		4	0.8	7.5	N	Y	
RHCHYP	Orillon	Health Play Specialist	Y		4	1	7.5	N	Y	
RHCHYP	Orillon	Health Play Specialist	N		2	1	7.5	N	No but currently completing the course	
RHCHYP	Orillon	Health Play Specialist	Y		4	0.8	7.5	N	Y	

Section 3b: FOR COMMUNITY OR MENTAL HEALTH TEAMS/SETTINGS/SERVICES ONLY - Information about the current health play professionals

For each team/setting/service that cares for 0-17 year olds, I would like to know information about the current health play professionals. To provide this information, please use the following table.

Name of team/setting/service that cares for 0-17 year olds	Which Directorate(s) do health play professionals sit in?	How many health play professionals work in this team/setting/service?	How many of these are qualified Health Play Specialists (including Senior Health Play Specialists)?	How many other health professionals (aside from the Play Team) have responsibility for delivering play?	Do you employ any other health professionals who have a health play specification qualification, but their job title does not include the word 'play'? (Y/N). If yes, please tell us their job title(s).
CAMHS Occupational Therapists with additional Play Based OUs	HEALS - they are qualified OUs who deliver PBOU. Not all CAMHS OUs deliver PBOU.	5 OUs delivering PBOU. This is only 1 small part of their role.	They are HCPC qualified OUs who have done additional training to meet the requirements of RPSG and the NHS	play is used regularly across the service but not exclusively	N

Also, for each team/setting/service that cares for 0-17 year olds, I would like to know what health play job titles there are and some subsequent information about their roles. To provide this information, please use the following table. NB If multiple members of staff share the same job title, please list each staff member separately as the subsequent information about their roles might differ. Please see Appendix A below for a list of Play Team job titles and their definitions (not exhaustive but can help to make distinctions between each job title).

Name of team/setting/service that cares for 0-17 year olds	What is their job title?	Are they registered with the Society of Health Play Specialists (SHSPP)?	What is their salary band?	What is their WTE? (e.g., 1, 0.8, 0.6 etc)	What is their average number of hours per shift?	Are there occasions where they work beyond their shift hours? (Y/N). If yes, what is their average number of hours worked beyond their shift hours?	Do they have a qualification in health play specification? (Y/N). If yes, what is their average number of hours worked beyond their shift hours?	What play-related qualifications do they have? Please list

Section 4: Information about recruiting the Play Team(s)/health play professionals

For each hospital OUI team/setting/service that cares for 0-17 year olds, I would like to know information about recruiting the Play Team(s)/health play professionals. To provide this information, please use the following table:

Names of hospital OR team/setting/service that cares for 0-17 year olds	When recruiting a Health Play Specialist, do you request a qualification in Health Play Specialist as essential criteria for the role? [Y/N]	When recruiting a Health Play Specialist, do you request being registered with the Society of Health Play Specialists (SoHPS) as essential criteria for the role? [Y/N]	Do you recruit people into a Health Play Specialist role, that do not have a qualification in health play specialist? [Y/N]. If yes, is it mandatory for them to do this qualification when in post? [Y/N]	Is it mandatory for Health Play Specialists to be registered with SoHPS in your Health Board? [Y/N]
RHCYP	Y	Y	N	Y

Section 5a: FOR ACUTE HOSPITALS ONLY - Information about play coverage.

For each hospital that cares for 0-17 year olds, I would like to know about the play coverage in terms of hours/days of day.
To provide this information, please use the following table (you may need to list each hospital in multiple rows to cover all wards/departments).

Name of hospital that cares for 0-17 year olds	Name of ward/department that cares for 0-17 year olds	What hours are the Play Team available on weekdays? (e.g., 9-5, 24/7 etc)	What hours are the Play Team available on weekends? (e.g., 9-5, 24/7 etc). [write N/A if not available on weekends]	What are the opening hours of the indoor playroom/area on weekdays? (e.g., 9-5, 24/7 etc) [write N/A if no indoor playroom]	What are the opening hours of the indoor playroom/area on weekends? (e.g., 9-5, 24/7 etc) [write N/A if no indoor playroom]	What are the opening hours of the designated outdoor play area on weekdays? (e.g., 9-5, 24/7 etc) [write N/A if no outdoor play area]	What are the opening hours of the designated outdoor play area on weekends? (e.g., 9-5, 24/7 etc) [write N/A if no outdoor play area]
RHCYP	Castle Mey	9-5	N/A				
RHCYP	DeHouste	8-4	N/A				
RHCYP	Orkney	8:30-3	N/A				
RHCYP	Lochness	8-4	N/A				
RHCYP	Outpatients	8-4:30	N/A				
RHCYP	Emergency Department	11-5:30	N/A				
RHCYP	Tumour	9-5	N/A				
RHCYP	Pediatric Critical Care	N/A	N/A				
RHCYP	Dumaglen	8:30-4:30	N/A	N/A	N/A	N/A	N/A
RHCYP	Borthwick	8-4	N/A				
St John's Hospital	Children's Ward	8:15 - 2:45	N/A				
RHCYP	Orkney	8-4:30	N/A				

Also, for each hospital that cares for 0-17 year olds, I would like to know the following information:

Name of hospital that cares for 0-17-year-olds	Do you have any other measures/provisions that make this hospital or ward/department more welcoming or playful for children and young people before attending an appointment/being admitted? [Y/N] If yes, please tell us what these measures/provisions are.	Do you have any other measures/provisions that make this hospital or ward/department more welcoming or playful for children and young people during their appointment/admission? [Y/N] If yes, please tell us what these measures/provisions are.
RHCYP	Y - procedural anxiety team Y - preassessment Y - hospital visits	Y - artwork on walls Y - Edinburgh Childrens Hospital Charity Hub Y - Edinburgh Childrens Hospital Charity walkrounds

Section 5b: FOR COMMUNITY OR MENTAL HEALTH TEAMS/SETTINGS/SERVICES ONLY - Information about play coverage.

For each team/setting/service that cares for 0-17 year olds, I would like to know about the play coverage in terms of hours/days of day.
To provide this information, please use the following table:

Name of team/setting/service that cares for 0-17 year olds	What hours are health play professionals available on weekdays? (e.g., 9-5, 24/7 etc)	What hours are health play professionals available on weekends? (e.g., 9-5, 24/7 etc). [write N/A if not available on weekends]	What are the opening hours of the indoor playroom/area on weekdays? (e.g., 9-5, 24/7 etc) [write N/A if no indoor playroom]	What are the opening hours of the indoor playroom/area on weekends? (e.g., 9-5, 24/7 etc) [write N/A if no indoor playroom]	What are the opening hours of the designated outdoor play area on weekdays? (e.g., 9-5, 24/7 etc) [write N/A if no outdoor play area]	What are the opening hours of the designated outdoor play area on weekends? (e.g., 9-5, 24/7 etc) [write N/A if no outdoor play area]
CAMHS South Out-Patient Team	N/A	N/A	N/A	N/A	N/A	N/A
CAMHS North Out-Patient Team	N/A	N/A	N/A	N/A	N/A	N/A
CAMHS Midlothian	N/A	N/A	N/A	N/A	N/A	N/A
CAMHS East Lothian	N/A	N/A	N/A	N/A	N/A	N/A
CAMHS West Lothian	N/A	N/A	N/A	N/A	N/A	N/A

Also, for each team/setting/service that cares for 0-17 year olds, I would like to know the following information:

Name of team/setting/service that cares for 0-17-year-olds	Do you have any other measures/provisions that make this team/setting/service more welcoming or playful for children and young people before attending an appointment/being admitted? [Y/N] If yes, please tell us what these measures/provisions are.	Do you have any other measures/provisions that make this team/setting/service more welcoming or playful for children and young people during their appointment/admission? [Y/N] If yes, please tell us what these measures/provisions are.
CAMHS South Edinburgh	Y - waiting area has been refurnished with softer and more designed by children and young people	
CAMHS North Out-Patient Team	N/A	Childrens use appropriate age related resources
CAMHS Midlothian	N/A	Childrens use appropriate age related resources
CAMHS East Lothian	N/A	Childrens use appropriate age related resources
CAMHS West Lothian	N/A	Childrens use appropriate age related resources

Section 6a: FOR ACUTE HOSPITALS ONLY - Information about play budgets.

For each hospital that cares for 0-17 year olds, I would like to know information about the annual budget for play.
To provide this information, please use the following table:

Name of hospital that cares for 0-17-year-olds	Is there an annual budget specifically for play resources and materials (aside from health play staff)? [Y/N] (No but resources can be purchased through a central budget)	Is there an annual budget specifically for health play staffing and training? [Y/N]
RHCYP	No but resources can be purchased through a central budget	N

If you answered 'Yes' or 'No' but resources can be purchased through a central budget, I would also like to know what the annual budget was for play in healthcare in FY24-25 (between 1st April 2024 and 31st March 2025) and what it was spent on.
To provide this information, please use the following table (you may need to list each hospital in multiple rows to cover all wards/departments).

Name of hospital that cares for 0-17 year olds	Name of ward/department that cares for 0-17 year olds	What was the approximate overall annual budget available for play in FY24-25? (in £)	How much of the budget was spent on Play Team available for play in FY24-25? (in £)	How much of the budget was spent on resources and materials in play? (in £)	How much of the budget was spent on commissioning/playing for external organisations/individuals providing play on an ad-hoc basis? (in £) (please list these organisations/individuals)	How much of the budget was spent on health play staff training and development budget? (in £)
RHCYP	Band 2	£154,000	£154,000	£0	£0	£0
RHCYP	Band 4	£427,000	£427,000	£0	£0	£0
RHCYP	Band 6	£88,000	£88,000	£0	£0	£0

For each hospital that cares for 0-17 year olds, I would like to know who funds the budget for play staff / resources (e.g., ICB, Health Board, Charity, a Fundraising Group, other donations, etc.).
To provide this information, please use the following table (you may need to list each hospital in multiple rows to cover all wards/departments). If more than one funder, please specify in the table below who they are and what they are funding.

Name of hospital that cares for 0-17 year olds	Name of ward/department that cares for 0-17 year olds	Funder/source of donations	Value of fund/donation (in £)	What are they funding? (e.g., play team, toys and resources, external entertainers)
RHCYP	Pen Hospital	Edinburgh Children's Hospital Charity	£13,450	Arts, crafts, rewards and toys

Section 6b: FOR COMMUNITY OR MENTAL HEALTH TEAMS/SETTINGS/SERVICES ONLY - Information about play budgets.

For each team/setting/service that cares for 0-17 year olds, I would like to know information about the annual budget for play.
To provide this information, please use the following table:

Name of team/setting/service that cares for 0-17-year-olds	Is there an annual budget specifically for play resources and materials (aside from health play staff)? [Y/N]No but resources can be purchased through a central budget?	Is there an annual budget specifically for health play staffing and training? [Y/N]

If you answered 'Yes' or 'No but resources can be purchased through a central budget', I would also like to know what the annual budget was for play in healthcare in FY24-25 (between 1st April 2024 and 31st March 2025) and what it was spent on. To provide this information, please use the following table.

Name of team/setting/service that cares for 0-17 year olds	What was the approximate overall annual budget available for play in FY24-25? (in £)	How much of the budget was spent on health play professional staffing? (in £)	How much of the budget was spent on resources and materials in play? (in £)	How much of the budget was spent on commissioning/paying for external organisations/individuals providing play on an ad-hoc basis? (in £) (please list these organisations/individuals)	How much of the budget was spent on health play staff training and development budget? (in £)

For each team/setting/service that cares for 0-17 year olds, I would like to know who funds the budget for play staff/ resources (e.g., ICS, Health Board, Charity, a Fundraising Group, other donors, etc.). To provide this information, please use the following table. If more than one funder, please specify in the table below who they are and what they are funding.

Name of team/setting/service that cares for 0-17 year olds	Funder/source of donations	Value of fund/donation (in £)	What are they funding? (e.g., health play professionals, toys and resources, external entertainers)

Section 7: Information about the Play Well Toolkit

For each hospital OR team/setting/service that cares for 0-17 year olds, I would like to know information about the Play Well Toolkit. To provide this information, please use the following table:

Name of hospital OR team/setting/service that cares for 0-17 year olds	Is this hospital or team/setting/service aware of the Play Well Toolkit? [Y/N] If yes, would it be useful to adopt the Play Well recommended standards and guidance in Scotland? [Y/N]	Do you have any other guidance/policies on how play should be delivered in your Health Board? [Y/N]. If yes, please share it with us if you can.
BhCrHP	Y	Awaiting SCrPE guidance

Section 8: Information about measurement tools for 0-17 year olds

For each hospital OR team/setting/service that cares for 0-17 year olds, I would like to know information about measurement tools. To provide this information, please use the following table.

Name of hospital OR team/setting/service that cares for 0-17 year olds	Does this hospital or team/setting/service measure procedural anxiety for 0-17 year olds? [Y/N] If Yes, please share the measurement tools with us if you can.	Does this hospital or team/setting/service measure pain for 0-17 year olds? [Y/N] If Yes, please share the measurement tools with us if you can.	Does this hospital or team/setting/service measure emotions/how they are feeling for 0-17 year olds? [Y/N] If Yes, please share the measurement tools with us if you can.	Does this hospital or team/setting/service evaluate the impact of play? [Y/N] If yes, do they evaluate the efficiencies and cost benefits of play? [Y/N] If yes, please share any reports or evidence with us if you can.
BhCrHP	N	N	N	N

Appendix A

Play Team job titles and their definitions (not an exhaustive list).

- Health Play Socialists...** are clinical support professionals with the skills to safeguard children's emotional and mental health during treatment and procedures, and throughout their healthcare journey. They will often also manage the care team. Health Play Socialists should have completed, or be completing, a Diploma in Health Play Socialism.
- Playworkers...** provide opportunities for children to play, support them to play, engage with them through play and thereby build trusting relationships and communication with young patients.
- Youth workers...** ensure adolescents receiving medical treatment can receive age-appropriate support, have their individual needs assessed and are referred to resources and services that align with their interests and needs. A youth worker is essential in supporting a young person into adult care, if required, and sourcing services that the young person can use to support them during this transition.
- Play Therapists...** have a qualification in play therapy and help children to make sense of difficult life experiences, or complex psychological issues through play and will work to improve children's mental health, emotional well-being, learning capabilities and social relationships.