

Date 12/01/2026
Your Ref
Our Ref 10927

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – HIV TREATMENT

I write in response to your request for information in relation to HIV treatment.

Question:

- I am writing to request the following information under the Freedom of Information Act (FOIA). Please be aware that the distribution and analysis of this FOI request is sponsored by a pharmaceutical company.

Answer:

Please note that we can only go by the date drugs were issued to ward / clinic areas from our stock control system. These may be held in stock locally for ad hoc clinic issue and not necessarily fully reflective of date medications were issued to patient as this is not held on our system.

June 2025 - November 2025	
Question	Response
How many patients were treated in the last 6-month period with Truvada or generic emtricitabine / tenofovir disoproxil fumarate for HIV treatment?	Information unavailable
How many patients were treated in the last 6-month period with Truvada or generic emtricitabine / tenofovir disoproxil fumarate for Pre-exposure prophylaxis (PrEP)?	Information unavailable
How many packs of Truvada or generic emtricitabine / tenofovir disoproxil fumarate were dispensed in latest 6-month period for HIV treatment?	1681
How many packs of Truvada or generic emtricitabine / tenofovir disoproxil fumarate were dispensed in latest 6-month period for Pre-exposure prophylaxis (PrEP)?	9382
How many packs of Descovy (tenofovir alafenamide / emtricitabine) were dispensed in latest 6-month period for HIV treatment?	487
How many packs of Descovy (tenofovir alafenamide / emtricitabine) were dispensed in latest 6-month period for Pre-exposure prophylaxis (PrEP)?	107

Headquarters
Mainpoint
102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
Lothian NHS Board is the common name of Lothian Health Board

Notes –

We have excluded patient counts due to variations on how these medicines are issued whereupon sometimes an "AN" number is used and sometimes an "UHPI", and we cannot link one to another. Also, in some instances patient identifiable data does not meet the threshold required.

In summary, we have included

PREP

All TTO packs over both Descovy and Truvada/Generic
All issues to Lothian Prep costcentre whether TTO or not
Not including any homecare

Exclusion previously advised as 7 tablet TTO pack is for post exposure, though this appears to no longer be used:

EMTRICITABINE / TENOFOVIR *TTO* 200mg/245mg (TA144)(7) Tablets - 7 Tablet Pack
EMTRICITABINE / TENOFOVIR 200mg/245mg Tablets - 7 Tablet TTO Pack

HIV

All homecare files
Everything else not included under PREP as above

Summary of CMM drug files searched.

Drug_Group	Drug_Description	Drug_Packsize	HIV/PREP
Descovy/Generic	DESCOVY 200mg/10mg Tablets	30 Tablet Pack	HIV
	DESCOVY 200mg/25mg Tablets	30 Tablet Pack	HIV
	DESCOVY 200mg/25mg Tablets	30 Tablet Pack	PREP
	HC DESCOVY 200mg/10mg Tablets	30 Tablet Pack	HIV
	HC DESCOVY 200mg/25mg Tablets	30 Tablet Pack	HIV
Exclude	EFAVIRENZ / EMTRICITABINE / TENOFOVIR 600mg/200mg/245mg Tablets	30 Tablet Pack	HIV
	EMTRICITABINE / TENOFOVIR & RALTEGRAVIR 200 mg / 245 mg & 400 mg Tablets	21 Tablet TTO Pack	PREP
	EMTRICITABINE / TENOFOVIR & RALTEGRAVIR 200 mg / 245 mg & 600 mg Tablets	90 Tablet TTO Pack	PREP
	EMTRICITABINE 200 mg Capsules	30 Capsule Pack	HIV
	HC EFAVIRENZ / EMTRICITABINE / TENOFOVIR 600mg/200mg/245mg	30 Tablet Pack	HIV

	Tablets		
Truvada/Generic	EMTRICITABINE / TENOFOVIR 200mg/245mg Tablets	30 Tablet Pack	HIV
	EMTRICITABINE / TENOFOVIR 200mg/245mg Tablets	30 Tablet Pack	PREP
	EMTRICITABINE / TENOFOVIR 200mg/245mg Tablets	30 Tablet PP Pack	PREP
	EMTRICITABINE / TENOFOVIR 200mg/245mg Tablets	30 Tablet TTO Pack	PREP
	EMTRICITABINE / TENOFOVIR 200mg/245mg (Dr.Reddy) Tablets	30 Tablet Pack	HIV
	EMTRICITABINE / TENOFOVIR 200mg/245mg (Dr.Reddy) Tablets	30 Tablet Pack	PREP
	HC EMTRICITABINE / TENOFOVIR 200mg/245mg Tablets	30 Tablet Pack	HIV

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
 Cc: Chief Executive