

Date 05/01/2026
Your Ref
Our Ref 10901

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – ADULT ADHD ASSESSMENTS

I write in response to your request for information in relation to adult ADHD assessments.

Question:

- On the back of the revelation that there have been no Adult ADHD assessments carried out by NHS Tayside in the past three years ~~~~~ awaiting assessment with Mid Lothian. Could you please tell me how many adult ADHD assessments have been carried out by Lothian (in particular Mid-Lothian) in the past three years and how long one could expect to wait before being contacted. The most recent waiting times state 12 months but we are way beyond that already.

Answer:

I am advised that we are only able to provide data for Midlothian from September 2023.

In the period 1st September 2023 to 30th November 2025, there were 383 ADHD assessment completed.

It is not possible to provide this information for all Lothian services as most services add referrals to a general "Neurodevelopmental Assessment" waiting list and we are therefore not able to report specifically on the number of ADHD assessments completed.

You may also wish to check the area that you are looking for information on, is it actually Edinburgh HSCP rather than Midlothian HSCP.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish

Headquarters
Mainpoint
102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
*Lothian NHS Board is the common
name of Lothian Health Board*

Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive