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Date 19/12/2025
 Your Ref
 Our Ref 10902

Enquiries to Richard Mutch
 Extension 35687
 Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – DERMATOLOGY PRESCRIBING

I write in response to your request for information in relation to dermatology prescribing.

Question:

- How many patients were treated in the last 4 months (August to November 2025) by the dermatology department with each of the following products:
 - Abrocitinib
 - Acitretin
 - Alitretinoin
 - Azathioprine
 - Baricitinib
 - Ciclosporin
 - Dupilumab
 - Lebrikizumab
 - Methotrexate
 - Mycophenolate mofetil
 - Pimecrolimus
 - Phototherapy (UVB or PUVA) - for Atopic Dermatitis only
 - Tacrolimus ointment
 - Tralokinumab
 - Upadacitinib
 - Nemolizumab

Answer:

August 2025 - November 2025	
Medication	Patient Count
Abrocitinib	28
Acitretin	70
Alitretinoin	14
Azathioprine	9

Baricitinib	5<
Ciclosporin	59
Dupilumab	260
Lebrikizumab	27
Methotrexate	127
Mycophenolate Mofetil	10
Pimecrolimus	0
Phototherapy UVB or PUVA (Atopic Dermatitis Only)	Information Unavailable
Tacrolimus Ointment	Information Unavailable
Tralokinumab	16
Upadacitinib	37
Nemolizumab	0

Question:

2. In the last 4 months, how many new patients have been initiated* on the following treatments by the dermatology department

- Abrocitinib
- Baricitinib
- Dupilumab
- Lebrikizumab
- Tralokinumab
- Upadacitinib
- Nemolizumab

Answer:

Medication	Patient Count
Abrocitinib	11
Baricitinib	0
Dupilumab	23
Lebrikizumab	22
Tralokinumab	5<
Upadacitinib	6
Nemolizumab	0

Question:

3. Of the patients treated in the last 4 months with any of the products listed in question 1, please provide the number of patients by the following age group:

- 6 months to 5
- Age 6-11
- Age 12-17
- Age 18 and above

*Patients are considered initiated if they have not been treated in the previous 8 months with any of the drugs that are part of the named regimen

Answer:

Medication	Patient Count			
	0-5	6-11	12-17	18 and above
Abrocitinib	0	0	5<	27
Acitretin	0	5<	0	68
Alitretinoin	0	0	0	14
Azathioprine	0	0	0	9
Baricitinib	0	0	0	5<
Ciclosporin	0	0	6	53
Dupilumab	5<	6	9	244
Lebrikizumab	0	0	0	27
Methotrexate	5<	5<	8	116
Mycophenolate Mofetil	0	0	5<	9
Pimecrolimus	0	0	0	0
Phototherapy UVB or PUVA (Atopic Dermatitis Only)	Information Unavailable	Information Unavailable	Information Unavailable	Information Unavailable
Tacrolimus Ointment	Information Unavailable	Information Unavailable	Information Unavailable	Information Unavailable
Tralokinumab	0	0	0	16
Upadacitinib	0	0	5<	36
Nemolizumab	0	0	0	0

To protect the identity of the individuals involved any figure of 5 or less has not been shown in the table above. Since we do not have their consent to release this data from their records, the information is exempt under section 38(1)(b) of the Freedom of Information (Scotland) Act i.e. to provide it would breach the Data Protection Act (2018).

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive