

www.nhslothian.scot

Date 15/12/2025
Your Ref
Our Ref 10869

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – T1 DIABETIC

I write in response to your request for information in relation to T1 diabetic patients.

Question:

- **Topic of request:** What is the average length of time that T1 diabetic adults & children in the catchment area of NHS Lothian must wait between appointments with their consultant?

Answer:

In adult services the interval for clinic appointments is based the clinician's assessment of clinical need with most patients attending annually. The Diabetes service does have some challenges around capacity with some patients seeing delays of up to 16 week. These waiting times combine Type 1 and Type 2 patient data as some of these waiting lists are mixed

There is no specified length of time that T1 paediatric diabetic patients must wait between appointments. The interval between clinic appointments is based the clinician's assessment of clinical need.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.



FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive