

Date 09/12/2025
Your Ref
Our Ref 10848

Enquiries to Richard Mutch
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Dear

FREEDOM OF INFORMATION – COPD

I write in response to your request for information in relation to chronic obstructive pulmonary disease (COPD).

Question:

1. Within your Trust, how many patients in total were admitted as inpatients between July – October 2025 with a primary cause of admission being a chronic obstructive pulmonary disease (COPD) exacerbation (ICD-10: J44.1)?

Answer:

There were 167 patients

Notes:

1. Number of discharges has been provided as diagnosis is recorded at discharge
2. Response includes patients with ICD-10 code J44.1 in any position discharged between 1 July 2025 and 31 October 2025 inclusive
3. The figures provided will be incomplete due to a time lag between discharge and the completion of diagnosis coding

Question:

2. Of the patients admitted with a primary COPD exacerbation (ICD-10: J44.1) identified in Q1, how many were already prescribed a closed triple therapy* at the point of admission?

*Closed triple therapy = Trelegy, Trixeo, or Trimbrow (any formulation)

**“Already prescribed” means the therapy was documented as active on admission, either from hospital records or patient-reported history.

Answer:

Unfortunately we are unable to provide an answer for this question as it would require a manual review of individual patient records to determine whether closed triple therapy was documented as active on admission and this would exceed reasonable time and cost.

Headquarters
Mainpoint
102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
Lothian NHS Board is the common name of Lothian Health Board

Under the Freedom of Information Act NHS Lothian is not required to create new records to enable it to respond to your enquiry. This information is not collated or held in aggregate form and it would be necessary to review all case files relating to patients over the period you have requested to assemble the information you seek. Even if NHS Lothian did this – and there would be significant cost implications in doing so – it would be unable to respond in full to your request. The information requested is therefore exempt under section 12.1 – Cost.

Question:

3. How many patients in total were prescribed Trixeo for COPD (ICD-10: J44.1) between July – October 2025?

How many of these were new to Trixeo*?

*New to Trixeo = Patient not prescribed Trixeo in your hospital (inpatient or outpatient) in the past 12 months (Nov 2024 – Oct 2025), and not currently prescribed Trixeo—whether prescribed in hospital or community settings—at the point of admission.

4. How many patients in total were prescribed Trimbow MDI (for COPD [ICD-10: J44.1]) between July – October 2025?

- How many of these were new to Trimbow MDI*?
- Of the new Trimbow MDI patients*, what was the split between:
- Trimbow MDI 87/5/9
- Trimbow MDI 172/5/9

*New to Trimbow MDI = Patient not prescribed Trimbow MDI in your hospital (inpatient or outpatient) in the past 12 months (Nov 2024 – Oct 2025), and not currently prescribed Trimbow MDI—whether prescribed in hospital or community settings—at the point of admission.

5. How many patients in total were prescribed Trelegy for COPD (ICD-10: J44.1) between July – October 2025?

How many of these were new to Trelegy*?

*New to Trelegy = Patient not prescribed Trelegy in your hospital (inpatient or outpatient) in the past 12 months (Nov 2024 – Oct 2025), and not currently prescribed Trelegy—whether prescribed in hospital or community settings—at the point of admission.

6. How many patients in total were prescribed Trimbow DPI (for COPD [ICD-10: J44.1]) between July – October 2025?

How many of these were new to Trimbow DPI*?

*New to Trimbow DPI = Patient not prescribed Trimbow DPI in your hospital (inpatient or outpatient) in the past 12 months (Nov 2024 – Oct 2025), and not currently prescribed Trimbow DPI—whether prescribed in hospital or community settings—at the point of admission.

Answer:

Prescribing Analytics Team have advised we are unable to provide an answer for questions 3 to 6 as prescribing reporting systems for primary care do not routinely record the indication for which a medicine is prescribed and so we are unable to accurately determine whether the medications were prescribed specifically for COPD, or to identify new users based on indication. The information therefore is not held in the format requested.

Under the Freedom of Information Act NHS Lothian is not required to create new records to enable it to respond to your enquiry. This information is not collated or held in aggregate form and it would be necessary to review all case files relating to patients over the period you have requested to assemble the information you seek. Even if NHS Lothian did this – and there would be significant cost implications in doing so – it would be unable to respond in full to your request. The information requested is therefore exempt under section 12.1 – Cost.

I am sorry I cannot help further with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive