

Date 27/11/2025
Your Ref
Our Ref 10777

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – MENTAL HEALTH

I write in response to your request for information in relation to urgent or unplanned mental health support.

Question:

- Please can you provide me with the number of requests made for urgent or unplanned mental health support in your health board between 20th December and 6th January in every year since 2020/21.

Answer:

	2020/21	2021/22	2022/23	2023/24	2024/25
Unplanned / Urgent Requests*	323	372	363	378	318

Table 1: Unplanned /Urgent requests for mental health support between 20th December & 6th January (inclusive) by Year

*Data includes requests to adult and Children and Adolescent Unscheduled care services and Intensive Home Support services.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

Headquarters
Mainpoint
102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
Lothian NHS Board is the common name of Lothian Health Board

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive