

Date 27/11/2025
Your Ref
Our Ref 10763

Enquiries to Richard Mutch
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Dear

FREEDOM OF INFORMATION – TRD TRETMENT

I write in response to your request for information in relation to TRD treamtment.

Question:

1. Service Availability

- Does NHS Lothian currently provide esketamine (Spravato) treatment for TRD?

If yes:

- Service name and clinical location(s)
- Date the service started
- Eligibility criteria / referral pathway
- Number of patients treated per year since launch
- Current waiting list length and expected wait time
- Total annual cost or budget allocation (if recorded)

2. If not currently provided

- Has NHS Lothian ever provided esketamine treatment?
- If previously provided, please state:
- Dates of operation
- Patient numbers
- Reason for withdrawal / cessation

3. Future plans

- Does NHS Lothian plan to establish an esketamine service?
- If yes, expected start date and delivery model

4. Cross-board options

If NHS Lothian does not provide esketamine, which NHS boards (if any) it refers patients to for this treatment.

Answer:

1.	NHS Lothian does not routinely offer this medicine.
2.	There have been 5<patients previously treated in Lothian. There are currently no patients treated in Lothian.
3.	There are no plans currently.
4.	We do not have detailed information on the availability of this medication in other boards.

To protect the identity of the individuals involved any figure of 5 or less has not been shown in the table above. Since we do not have their consent to release this data from their records, the information is exempt under section 38(1)(b) of the Freedom of Information (Scotland) Act i.e. to provide it would breach the Data Protection Act (2018).

We have Esketamine as a formulary decision:

- Routinely available in line with national guidance
- <https://www.formulary.nhs.scot/east/formulary-decisions/?id=6173>
- SMC advice published 07/09/2020
- Formulary decision noted - 29/03/2023

I hope the information provided helped with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.



FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive