

Date: 05/12/2025
Our Ref: 10503
Enquiries to loth.freedomofinformation@nhs.scot

Dear

FREEDOM OF INFORMATION – ANTENATAL CLASSES

I write in response to your request for information in relation to antenatal classes in NHS Lothian.

Question:

Can I request the following information for each calendar year from 2019 to 2025 (most recent):

1. The number of Antenatal Classes run a) per year b) per month in your health board?
2. The number of spaces in the Antenatal Classes each year?

Answer:

We have not recorded antenatal class provision for previous years. Our current provision including the number of spaces per class is detailed in the table below. The if there are two numbers of couples per class given, this is because classes at different times of the week have different capacity. 'Couples' can include the birthing partner or support.

Antenatal classes, NHS Lothian		
Community team	Number of classes per month	Number of couples per class
East Lothian	12	unlimited
Midlothian	12	38
West Lothian 1	20	10 / 7
West Lothian 2	12	15 / 30
Tollcross	12	7-10
Sighthill	6	10
Stewart	9	15 / 12
Stewart	6 per year parous class	30
Pennywell	8	15
Leith	6	12 / 9
Rowan	6	12 / 15

3. The waiting list length for someone to gain access to an Antenatal Class?

Answer:

There is no waiting list, all booked women are able to attend classes.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at <https://www.foi.scot/appeal>. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the reviewer at the address at the top of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI>

Yours sincerely

ALISON MACDONALD
Executive Director of Nursing Midwifery and AHPs
Cc: Chief Executive