

Date 12/08/2025  
Your Ref  
Our Ref 10361

Enquiries to Richard Mutch  
Extension 35687  
Direct Line 0131 465 5687  
[loth.freedomofinformation@nhs.scot](mailto:loth.freedomofinformation@nhs.scot)  
[richard.mutch@nhs.scot](mailto:richard.mutch@nhs.scot)

Dear

## FREEDOM OF INFORMATION – DISCHARGED PSYCHIATRIC PATIENTS

I write in response to your request for information in relation to discharged psychiatric patients.

### Question:

- Please provide me with the number of discharged psychiatric patients (i.e General Psychiatry; Child and Adolescent Psychiatry; Forensic Psychiatry; Psychiatry of Old Age; Learning Disability; and Psychotherapy) in a) 2022/23, b) 2023/24 and c) 2024/25 who received a follow-up appointment with community mental health services i) longer than 7 days, ii) longer than 10 days, and iii) longer 14 days

### Answer:

Information to answer your request is already available in a response you have received and is publicly available.

<https://org.nhsllothian.scot/foi/wp-content/uploads/sites/22/2025/06/10050.pdf>

This information is exempt under Section 25 of the Freedom of Information (Scotland) Act 2002  
- Information otherwise accessible

(1) Information which the applicant can reasonably obtain other than by requesting it under section 1(1) is exempt information.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at [www.itspublicknowledge.info/Appeal](http://www.itspublicknowledge.info/Appeal). If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

Headquarters  
Mainpoint  
102 West Port  
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE  
Chief Executive Professor Caroline Hiscox  
*Lothian NHS Board is the common  
name of Lothian Health Board*

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

**ALISON MACDONALD**  
**Executive Director, Nursing**  
Cc: Chief Executive