

Date 14/08/2025
Your Ref
Our Ref 10353

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – SUGAR-SWEETENED

I write in response to your request for information in relation to sugar-sweetened products purchased.

Question:

- For the year 2024/2025 how much did your NHS Board spend on sugar-sweetened beverages and confectionery (eg chocolate, biscuits, cakes, sweets etc) for resale to patients, staff and the public?

Answer:

Total expenditure during 2024/25 was £66,231.17.

Question:

- For the year 2024/2025 how much did your NHS Board spend on diabetes-related medication, and could you specify, please, the proportion of this expenditure that was related to patients with type 2 diabetes?

Answer:

Expenditure on medicines used to treat diabetes mellitus (insulin, oral antidiabetics and injectable GLP-1 agonists) continues to increase overall by 7% to £19.1 million in 2023/24 and a further projected increase of 13% to £21.5million in 2024/25

Our primary care and hospital pharmacy dispensed data does not link medicines to diagnosis. Some medicines used to treat diabetes can be used for other conditions. Also, we have no record of whether a patient's medicine is being used in the treatment of Type 1 or Type 2 diabetes, so we cannot fully answer this question.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply

Headquarters
Mainpoint
102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
*Lothian NHS Board is the common
name of Lothian Health Board*

within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive