

Date 21/08/2025
Your Ref
Our Ref 10339

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – ADULT ADHD

I write in response to your request for information in relation to adult ADHD services.

Question:

1. **What is the name of your Trust?**

Answer:

There are no Trusts within the NHS in Scotland. NHS Lothian.

Question:

2. **Where are you based?**

England
Scotland
Wales
Northern Ireland

Answer:

Scotland.

Question:

3. **Do you run an adult ADHD service?**

Yes
No (If No the form will skip everything until Q13)

Answer:

Yes.

Question:

4. **How many adults are currently waiting for an ADHD assessment across your Trust?**

Please enter the total number. If you do not record this information, please enter: Not recorded

Answer:

Headquarters
Mainpoint
102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
*Lothian NHS Board is the common
name of Lothian Health Board*

Across NHS Lothian we only hold information in relation to generic Neurodevelopmental lists, not specifically ADHD.

Question:

5. **How many referrals for adult ADHD assessments did you receive across your trust in 2024?**

Please enter the total number. If you do not record this information, please enter: Not recorded

Answer:

Across NHS Lothian we only hold information in relation to generic Neurodevelopmental lists, not specifically ADHD.

Question:

6. **How many adult ADHD assessments did you carry out across your trust in 2024?**

Please enter the total number. If you do not record this information, please enter: Not recorded

Answer:

Across NHS Lothian we only hold information in relation to generic Neurodevelopmental lists, not specifically ADHD.

Question:

7. **Do you support patients while they are on the waiting list?**

Yes

No (If No the form will skip Q8)

Answer:

Yes.

Question:

8. **Please outline what support you offer patients while they are on the waiting list?**

Answer:

Information leaflets.

Question:

9. **Has your any part of your Trust closed waiting lists for new adult ADHD assessment referrals at any point in the last 12 months?**

Yes

No (If No the form will skip Q10)

Answer:

No.

Question:

10. Please give details of which services were affected and for how long?

Answer:

Not applicable.

Question:

11. Do any adult ADHD services across your trust have an exclusion criteria for assessment referrals?

Yes

No (If no, the form will skip Q12)

Answer:

No.

Question:

12. Please select all relevant reasons from this list:

We do not accept patients over a certain age

We only accept patients with complex cases, eg other mental health conditions

We do not accept patients who are being seen by an adult mental health team or have complex mental health conditions

We do not accept patients if we believe their symptoms are not causing significant functional impairment

The service is only commissioned to see a certain amount of patients, so new referrals are rejected after that target is reached

Answer:

Not applicable.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive