

Date 31/07/2025  
Your Ref  
Our Ref 10319

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Dear

## FREEDOM OF INFORMATION – OSTEOPOROSIS PATHWAY

I write in response to your request for information in relation to osteoporosis pathways.

Question:

1. **Does your organisation currently have an established osteoporosis clinical pathway, care pathway or equivalent in place** (either independently or in collaboration with providers such as hospitals, community services, or primary care)?

Answer:

Yes.

Question:

2. If yes:

- o Please provide a **copy of the osteoporosis pathway document** (or the most recent version available).
- o Please confirm the **date the pathway was last reviewed or updated**.

3. If no pathway currently exists:

- o Please confirm whether your organisation has any **plans to develop or adopt** an osteoporosis pathway within the next 12 months.
- o If available, please provide details of any **related initiatives, working groups, or regional coordination efforts** in place for managing osteoporosis care.

Answer:

Here is the link to the current pathways: [Osteoporosis – RefHelp](#)

This resource contains the following pathways/information:

1. Osteoporosis (introduction/overview)
2. Corticosteroid Induced Osteoporosis

Last Reviewed  
25-01-24  
15-10-24

3. Dual Energy X-ray Absorptiometry (DEXA)	25-01-24
4. Hip Fracture	25-01-24
5. Male Osteoporosis	04-12-24
6. Osteopenia	25-01-24
7. Osteoporosis – Fractures while on Treatment	25-01-24
8. Post Menopausal Osteoporosis	15-10-24

This information is exempt under Section 25 of the Freedom of Information (Scotland) Act 2002  
- Information otherwise accessible

(1) Information which the applicant can reasonably obtain other than by requesting it under section 1(1) is exempt information.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at [www.itspublicknowledge.info/Appeal](http://www.itspublicknowledge.info/Appeal). If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

**ALISON MACDONALD**  
**Executive Director, Nursing**  
Cc: Chief Executive