

Date 05/08/2025
Your Ref
Our Ref 10308

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – COUNSELLING

I write in response to your request for information in relation to counselling within NHS Lothian.

Question:

- Please provide the number of FTE individuals employed by your organisation in a counselling role within *adult services* for each of the past five financial years (2019/20 to 2023/24 inclusive), broken down by year.

If available, I would also appreciate a breakdown by:

1. Employment type (e.g. full-time, part-time, sessional)
2. Service area or team (e.g. adult mental health, primary care, addiction services, community wellbeing hubs, etc.)
3. Whether they were directly employed by your organisation or contracted via a third party

This request is focused on counselling provision for the adult population and excludes counselling roles within services aimed solely at children or young people.

Answer:

Within Human Resource systems there is no centrally held information in relation to counselling roles within NHS Lothian. I am advised that counselling sits within the Psychology Service and is not a separately identifiable cost or role. If you would like information specific to Psychology we can provide this.

Funding is provided for the Edinburgh Rape Crisis Centre

2019/20 Staff numbers 1 - Part time - Hours worked per week 21 - FTE 0.6
2020/21 Staff numbers 1 - Part time - Hours worked per week 21 - FTE 0.6
2021/22 Staff numbers 1 - Part time - Hours worked per week 21 - FTE 0.6
2022/23 Staff numbers 1 - Part time - Hours worked per week 21 - FTE 0.6
2023/24 Staff numbers 1 - Part time - Hours worked per week 21 - FTE 0.6

Headquarters
Mainpoint
102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
Lothian NHS Board is the common name of Lothian Health Board



The funding that ERCC receives from the NHS makes a small – but essential – contribution to ERCC’s service, with the NHS’s contribution helping ERCC to leverage grants from other funders to cover the bulk of the costs of providing the Adult Service in Lothian.

I am sorry I cannot help further with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner’s Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner’s response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian’s Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive