

Date 18/07/2025
Our Ref 10293

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – OBESITY

I write in response to your request for information in relation to obesity admissions.

Question:

1. How many people were admitted to hospital in Lothian in last year (2024 calendar year) where obesity was the main reason for admission?

Answer:

There were 45 people admitted to Lothian sites in 2024 with a main diagnosis coded as obesity.

Question:

2. If possible, could you also provide this broken down by age?

Answer:

There were 18 patients under 40 years old and 27 patients were over 40 years old.

Notes:

1. Includes patients admitted as an inpatient to any Lothian site 01/01/24-31/12/24 (inclusive)
2. Includes patients with a main admission diagnosis of E66.0, E66.1, E66.2, E66.8 or E66.9
3. Due to small numbers, the potential for breaking this down by age was limited.

To protect the identity of the individuals involved a limited breakdown by age range has been provided. Since we do not have their consent to release this data from their records, the information is exempt under section 38(1)(b) of the Freedom of Information (Scotland) Act i.e. to provide it would breach the Data Protection Act (2018).

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply

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102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
*Lothian NHS Board is the common
name of Lothian Health Board*

within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive