

Date 17/07/2025
Your Ref
Our Ref 10186

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – STAFF TO PATIENT RATIO

I write in response to your request for information in relation to staff to patient ratio

Question:

1. The **mean average** staff to patient ratio in in-patient psychiatric units
2. The **mean average** doctor to patient ratio in in-patient psychiatric units
3. The **mean average** nurse to patient ratio in in-patient psychiatric units
4. The **mean average** healthcare professional to patient ratio in in-patient psychiatric units
5. The **mode average** staff to patient ratio in in-patient psychiatric units
6. The **mode average** doctor to patient ratio in in-patient psychiatric units
7. The **mode average** nurse to patient ratio in in-patient psychiatric units
8. The **mode average** healthcare professional to patient ratio in in-patient psychiatric units
9. The **median average** staff to patient ratio in in-patient psychiatric units
10. The **median average** doctor to patient ratio in in-patient psychiatric units
11. The **median average** nurse to patient ratio in in-patient psychiatric units
12. The **median average** healthcare professional to patient ratio in in-patient psychiatric units
13. Please provide any statutory or internal guidelines on the target staff to patient ratios, including targets for all categories of staff.

Answer:

In answer to question 3, please find the enclosed spreadsheet. This refers only to Nursing staff and the reports have been run by ward across the full year periods.

Information for the remaining questions is not held in a centrally extractable format. Under the Freedom of Information Act NHS Lothian is not required to create new records to enable it to respond to your enquiry. This information is not collated or held in aggregate form and it would be necessary to review all case files relating to patients and staffing over the period you have requested to assemble the information you seek. Even if NHS Lothian did this – and there would be significant cost implications in doing so – it would be unable to respond in full to your request. The information requested is therefore exempt under section 12.1 – Cost.

Headquarters
Mainpoint
102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
*Lothian NHS Board is the common
name of Lothian Health Board*

I am sorry I cannot help further with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive
Enc.

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	Acute	Data from SafeCare system linked to eRostering sytem Ratios averaged over a financial year across all shift patterns Actual combined staffing Registered and Non Registered Nurses Please note that data is not available for the regional services from April 2025 as the multipliers and descriptors were withdrawn from use pending revised new national calculators being agreed.
01/04/2022 - 31/03/2023	Older People MH	
01/04/2023 - 31/03/2024	Forensic	
01/04/2024 - 31/03/2025	Rehab	
01/04/2025 - 06/07/2025	Regional	
	Learning Disabilities	
	West Lothian MH Wards	

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Balcarres	1:3.51
01/04/2022 - 31/03/2023	REH Balcarres	1:3.36
01/04/2023 - 31/03/2024	REH Balcarres	1:2.55
01/04/2024 - 31/03/2025	REH Balcarres	1:2.73
01/04/2025 - 06/07/2025	REH Balcarres	1:2.36

Ratios averaged over a financial year

A - Year
 B - Ward *
 C - Actual combined staffing Registered and Non Registered Nurses

Tab Colour	*Ward Specialty
	Acute
	Older People MH
	Forensic
	Rehab
	Regional
	Learning Disabilities
	West Lothian MH Wards

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Blackford	1:1.18
01/04/2022 - 31/03/2023	REH Blackford	1:1.61
01/04/2023 - 31/03/2024	REH Blackford	1:3.36
01/04/2024 - 31/03/2025	REH Blackford	1:0.98
01/04/2025 - 06/07/2025	REH Blackford	1:1.05

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Braids	1:1.99
01/04/2022 - 31/03/2023	REH Braids	1:2.67
01/04/2023 - 31/03/2024	REH Braids	1:2.54
01/04/2024 - 31/03/2025	REH Braids	1:2.25
01/04/2025 - 06/07/2025	REH Braids	1:2.45

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Canaan	1:2.87
01/04/2022 - 31/03/2023	REH Canaan	1:2.47
01/04/2023 - 31/03/2024	REH Canaan	1:2.58
01/04/2024 - 31/03/2025	REH Canaan	1:2.26
01/04/2025 - 06/07/2025	REH Canaan	1:2.35

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Craiglea	1:3.20
01/04/2022 - 31/03/2023	REH Craiglea	1:3.08
01/04/2023 - 31/03/2024	REH Craiglea	1:3.76
01/04/2024 - 31/03/2025	REH Craiglea	1:3.84
01/04/2025 - 06/07/2025	REH Craiglea	1:3.44

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Craiglockhart	1:2.62
01/04/2022 - 31/03/2023	REH Craiglockhart	1:2.48
01/04/2023 - 31/03/2024	REH Craiglockhart	1:2.66
01/04/2024 - 31/03/2025	REH Craiglockhart	1:2.54
01/04/2025 - 06/07/2025	REH Craiglockhart	1:2.10

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Cramond	1:3.02
01/04/2022 - 31/03/2023	REH Cramond	1:2.93
01/04/2023 - 31/03/2024	REH Cramond	1:2.33
01/04/2024 - 31/03/2025	REH Cramond	1:2.53
01/04/2025 - 06/07/2025	REH Cramond	1:2.57

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Eden	1:2.77
01/04/2022 - 31/03/2023	REH Eden	1:2.35
01/04/2023 - 31/03/2024	REH Eden	1:3.41
01/04/2024 - 31/03/2025	REH Eden	1:3.35
01/04/2025 - 06/07/2025	REH Eden	1:2.81

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Fairmile	1:2.29
01/04/2022 - 31/03/2023	REH Fairmile	1:2.62
01/04/2023 - 31/03/2024	REH Fairmile	1:2.33
01/04/2024 - 31/03/2025	REH Fairmile	1:2.86
01/04/2025 - 06/07/2025	REH Fairmile	1:3.04

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Forensic Cedar	1:2.72
01/04/2022 - 31/03/2023	REH Forensic Cedar	1:2.88
01/04/2023 - 31/03/2024	REH Forensic Cedar	1:2.77
01/04/2024 - 31/03/2025	REH Forensic Cedar	1:3.07
01/04/2025 - 06/07/2025	REH Forensic Cedar	1:2.98

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Forensic Hawthorn	1:2.24
01/04/2022 - 31/03/2023	REH Forensic Hawthorn	1:2.32
01/04/2023 - 31/03/2024	REH Forensic Hawthorn	1:2.40
01/04/2024 - 31/03/2025	REH Forensic Hawthorn	1:2.24
01/04/2025 - 06/07/2025	REH Forensic Hawthorn	1:2.16

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Forensic Redwood	1:1.94
01/04/2022 - 31/03/2023	REH Forensic Redwood	1:1.55
01/04/2023 - 31/03/2024	REH Forensic Redwood	1:1.50
01/04/2024 - 31/03/2025	REH Forensic Redwood	1:1.25
01/04/2025 - 06/07/2025	REH Forensic Redwood	1:1.27

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Harlaw	1:2.72
01/04/2022 - 31/03/2023	REH Harlaw	1:3.03
01/04/2023 - 31/03/2024	REH Harlaw	1:2.24
01/04/2024 - 31/03/2025	REH Harlaw	1:2.28
01/04/2025 - 06/07/2025	REH Harlaw	1:2.34

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Hermitage	1:2.64
01/04/2022 - 31/03/2023	REH Hermitage	1:2.17
01/04/2023 - 31/03/2024	REH Hermitage	1:1.88
01/04/2024 - 31/03/2025	REH Hermitage	1:2.94
01/04/2025 - 06/07/2025	REH Hermitage	1:2.40

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Margaret Duguid	1:0.56
01/04/2022 - 31/03/2023	REH Margaret Duguid	1:0.67
01/04/2023 - 31/03/2024	REH Margaret Duguid	1:0.74
01/04/2024 - 31/03/2025	REH Margaret Duguid	1:0.84
01/04/2025 - 06/07/2025	REH Margaret Duguid	1:1.77

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Meadows	1:3.47
01/04/2022 - 31/03/2023	REH Meadows	1:3.68
01/04/2023 - 31/03/2024	REH Meadows	1:2.45
01/04/2024 - 31/03/2025	REH Meadows	1:2.61
01/04/2025 - 06/07/2025	REH Meadows	1:1.71

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Melville	1:0.51
01/04/2022 - 31/03/2023	REH Melville	1:0.90
01/04/2023 - 31/03/2024	REH Melville	1:0.84
01/04/2024 - 31/03/2025	REH Melville	1:0.67
01/04/2025 - 06/07/2025	REH Melville	N/A

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Merchiston	1:2.59
01/04/2022 - 31/03/2023	REH Merchiston	1:2.74
01/04/2023 - 31/03/2024	REH Merchiston	1:2.25
01/04/2024 - 31/03/2025	REH Merchiston	1:2.49
01/04/2025 - 06/07/2025	REH Merchiston	1:2.12

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH MBU	1:1.23
01/04/2022 - 31/03/2023	REH MBU	1:1.75
01/04/2023 - 31/03/2024	REH MBU	1:1.63
01/04/2024 - 31/03/2025	REH MBU	1:1.05
01/04/2025 - 06/07/2025	REH MBU	N/A

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Myreside	1:3.85
01/04/2022 - 31/03/2023	REH Myreside	1:2.88
01/04/2023 - 31/03/2024	REH Myreside	1:2.88
01/04/2024 - 31/03/2025	REH Myreside	1:4.00
01/04/2025 - 06/07/2025	REH Myreside	1:4.66

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH North Wing	1:2.70
01/04/2022 - 31/03/2023	REH North Wing	1:2.29
01/04/2023 - 31/03/2024	REH North Wing	1:3.34
01/04/2024 - 31/03/2025	REH North Wing	1:4.15
01/04/2025 - 06/07/2025	REH North Wing	1:4.23

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH Ritson Clinic	1:2.01
01/04/2022 - 31/03/2023	REH Ritson Clinic	1:3.07
01/04/2023 - 31/03/2024	REH Ritson Clinic	1:2.82
01/04/2024 - 31/03/2025	REH Ritson Clinic	1:3.10
01/04/2025 - 06/07/2025	REH Ritson Clinic	1:3.31

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	REH REDU	1:2.18
01/04/2022 - 31/03/2023	REH REDU	1:2:09
01/04/2023 - 31/03/2024	REH REDU	1:1.83
01/04/2024 - 31/03/2025	REH REDU	1:1.62
01/04/2025 - 06/07/2025	REH REDU	N/A

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	LD Camus Tighe	1:1.83
01/04/2022 - 31/03/2023	LD Camus Tighe	1:1.73
01/04/2023 - 31/03/2024	LD Camus Tighe	1:1.29
01/04/2024 - 31/03/2025	LD Camus Tighe	1:1.21
01/04/2025 - 06/07/2025	LD Camus Tighe	1:1.01

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	LD Islay	1:0.83
01/04/2022 - 31/03/2023	LD Islay	1:0.96
01/04/2023 - 31/03/2024	LD Islay	1:0.91
01/04/2024 - 31/03/2025	LD Islay	1:0.78
01/04/2025 - 06/07/2025	LD Islay	1:0.69

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	LD WFC	1:1.13
01/04/2022 - 31/03/2023	LD WFC	1:0.94
01/04/2023 - 31/03/2024	LD WFC	1:1.11
01/04/2024 - 31/03/2025	LD WFC	1:1.16
01/04/2025 - 06/07/2025	LD WFC	1:1.42

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	SJH Ward 1	1:1.35
01/04/2022 - 31/03/2023	SJH Ward 1	1:1.40
01/04/2023 - 31/03/2024	SJH Ward 1	1:1.01
01/04/2024 - 31/03/2025	SJH Ward 1	1:1.52
01/04/2025 - 06/07/2025	SJH Ward 1	1:1.46

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	SJH Ward 3	1:2.08
01/04/2022 - 31/03/2023	SJH Ward 3	1:2.27
01/04/2023 - 31/03/2024	SJH Ward 3	1:2.18
01/04/2024 - 31/03/2025	SJH Ward 3	1:2.44
01/04/2025 - 06/07/2025	SJH Ward 3	1:2.34

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	SJH Ward 17	1:3.63
01/04/2022 - 31/03/2023	SJH Ward 17	1:3.64
01/04/2023 - 31/03/2024	SJH Ward 17	1:3.73
01/04/2024 - 31/03/2025	SJH Ward 17	1:3.63
01/04/2025 - 06/07/2025	SJH Ward 17	1:2.90

Year	Unit	Actual Staff:Patient Ratio
01/04/2021 - 31/03/2022	SJH Pentland Court	1:2.33
01/04/2022 - 31/03/2023	SJH Pentland Court	1:2.65
01/04/2023 - 31/03/2024	SJH Pentland Court	1:2.14
01/04/2024 - 31/03/2025	SJH Pentland Court	1:2.32
01/04/2025 - 06/07/2025	SJH Pentland Court	1:2.35