

Date 11/06/2025  
Your Ref  
Our Ref 10078

Enquiries to Richard Mutch  
Extension 35687  
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Dear

## FREEDOM OF INFORMATION – MENTAL HEALTH BEDS

I write in response to your request for information in relation to mental health beds.

### Question:

1. How many operational mental health inpatient beds are currently available within your Health Trust? Please include all categories of care such as:
  - o Adult mental health services
  - o Child and Adolescent Mental Health Services (CAMHS)
  - o Learning Disability services
  - o Older Adult and Dementia services
  - o Any other specialist mental health provisions
2. Of the total above, how many bedrooms are configured as single room occupancy with a dedicated ensuite bathroom?

### Answer:

I am advised that data to answer your request is available in the Public Health Scotland (PHS) national publication Acute hospital activity and NHS beds information (annual) in the following location:

<https://publichealthscotland.scot/publications/acute-hospital-activity-and-nhs-beds-information-annual/acute-hospital-activity-and-nhs-beds-information-annual-annual-year-ending-31-march-2022/>

<https://publichealthscotland.scot/publications/acute-hospital-activity-and-nhs-beds-information-annual/acute-hospital-activity-and-nhs-beds-information-annual-annual-year-ending-31-march-2023/>

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Headquarters  
Mainpoint  
102 West Port  
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE  
Chief Executive Professor Caroline Hiscox  
*Lothian NHS Board is the common  
name of Lothian Health Board*

2022 - Data file: Table 4 – beds (xlsx)

Table 1 in this spreadsheet can be used. Select Sub-filter: Mental Health Grouping. Data available here includes:

- Average Available Staffed Beds
- Average Occupied Beds
- Percentage Occupied Beds

Unoccupied beds can therefore be deduced either by difference in number occupied/available beds, or by 100% minus % occupied.

This information is exempt under Section 25 of the Freedom of Information (Scotland) Act 2002 - Information otherwise accessible

- (1) Information which the applicant can reasonably obtain other than by requesting it under section 1(1) is exempt information.

Also see response - 10073

<https://org.nhslothian.scot/foi/wp-content/uploads/sites/22/2025/05/10073.pdf>

The information you have request is currently exempt under Section 27 of the Freedom of Information (Scotland) Act 2002 - Information intended for future publication

- (1) Information is exempt information if-
- (a) it is held with a view to its being published by-
    - (i) a Scottish public authority; or
    - (ii) any other personat a date not later than twelve weeks after that on which the request for the information is made;
  - (b) when that request is made the information is already being held with that view; and
  - (c) it is reasonable in all the circumstances that the information be withheld from disclosure until such date as is mentioned in paragraph (a).

I hope the publicly available information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at [www.itspublicknowledge.info/Appeal](http://www.itspublicknowledge.info/Appeal). If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

**ALISON MACDONALD**  
**Executive Director, Nursing**  
Cc: Chief Executive