

Date 15/05/2025
Your Ref
Our Ref 9981

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
loth.freedomofinformation@nhs.scot
richard.mutch@nhs.scot

Dear

FREEDOM OF INFORMATION – CHRONIC PAIN CLINICS

I write in response to your request for information in relation to Chronic Pain Clinics.

Question:

1. STAFFING FOR YOUR NHS CHRONIC PAIN CLINICS (which deal mainly with outpatients)
Number/s FTE hours per week
 - a. Pain Consultant
 - b. Pain psychologist
 - c. Nurse
 - d. Physiotherapist
 - e. Occupational therapist
 - f. Administration

Answer:

a.	Chronic Pain - 6 Consultants 2.72 WTE
b.	Pain Management - 6 staff (4.5wte)
c.	Chronic Pain - 4 Nurses - 2.10WTE
d.	Pain Management - 4 staff (2.2wte) East Lothian Physiotherapy Led Pain Management Services - 1 WTE
e.	ero
f.	Chronic Pain - 3 Secretaries 2.20 WTE, 1 WTE Assistant Service Manager, 1 WTE Clinical Service Manager and 1 WTE Lead for Advance Practice (Clinical Nurse Manager) overseeing the Service but with no specific dedicated WTE for this service. Pain Management = 3 secretaries (2.8wte). <u>This is a pooled admin resource for a number of services, and therefore not specifically for pain management.</u>

Question:

2. What is the annual budget from your Board for chronic pain specialist clinic work, physical and mental health.

Headquarters
Mainpoint
102 West Port
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE
Chief Executive Professor Caroline Hiscox
Lothian NHS Board is the common name of Lothian Health Board

Answer:

Chronic Pain	£852.904
Pain Management Service (Psychology and Physiotherapy)	£547,000
East Lothian Physiotherapy Led Pain Management Services	£57,000

Question:

3. Number of referrals of patients in your last complete year, physical and mental health.

Answer:

[Chronic pain waiting times - Quarter ending 31 December 2024 - Chronic pain waiting times - Publications - Public Health Scotland](#)

Chronic Pain	2,244 new referrals
Pain Management Service	1,407 new referrals
East Lothian Physiotherapy Led Pain Management Services	282 new referrals

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
 Cc: Chief Executive