

Date 30/04/2025  
Your Ref  
Our Ref 9967

Enquiries to Richard Mutch  
Extension 35687  
Direct Line 0131 465 5687  
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Dear

## FREEDOM OF INFORMATION – DIABETES PRESCRIBING

I write in response to your request for information in relation to diabetes prescribing.

### Question:

- I am requesting the following information in respect of:
  - Diabetes:
    - SMBG test strips
    - Pen needles and safety pen needles
    - CGM - Continuous Glucose monitoring systems
  - Continence
    - Leg Bags
    - Drainage/night bags
    - ISC catheters
    - Foley catheters
    - Incontinence sheaths
- For each area:
  1. The name(s) and direct contact email address(es) and direct telephone numbers of the person(s) who are responsible for the formulary
  2. The date of the next review of your formulary
  3. Details of how you intend to review your formulary (include process, timelines)
  4. Details if part of a local partnership arrangement for formulary review. Please provide the contact's name, email address and telephone number for the person with responsibility where a partnership arrangement is in place.

### Answer:

1. The name(s) and direct contact email address(es) and direct telephone numbers of the person(s) who are responsible for the formulary
  - a. Diabetes
    - i. SMBG (self monitoring blood glucose) test strips - local experts across the East Region - [eos.prescribing@nhs.scot](mailto:eos.prescribing@nhs.scot)

Headquarters  
Mainpoint  
102 West Port  
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE  
Chief Executive Professor Caroline Hiscox  
*Lothian NHS Board is the common name of Lothian Health Board*

- ii. Pen needles and safety pen needles - out of remit for East Region Formulary
  - iii. CGM - Continuous Glucose monitoring systems - local experts across the East Region - eos.prescribing@nhs.scot
- b. Continence
  - i. Leg Bags - out of remit for East Region Formulary
  - ii. Drainage/night bags - out of remit for East Region Formulary
  - iii. ISC catheters - out of remit for East Region Formulary
  - iv. Foley catheters - out of remit for East Region Formulary
  - v. Incontinence sheaths - out of remit for East Region Formulary
- 2. The date of the next review of your formulary
  - a. Diabetes
    - i. SMBG test strips - dates set in response to applications submitted by local experts when new/changes to evidence base and product availability e.g., guideline updates, new products, shortages, discontinuations etc
    - ii. Pen needles and safety pen needles - out of remit for East Region Formulary
    - iii. CGM - Continuous Glucose monitoring systems - dates set in response to applications submitted by local experts when new/changes to evidence base and product availability e.g., guideline updates, new products, shortages, discontinuations etc
  - b. Continence
    - i. Leg Bags - out of remit for East Region Formulary
    - ii. Drainage/night bags - out of remit for East Region Formulary
    - iii. ISC catheters - out of remit for East Region Formulary
    - iv. Foley catheters - out of remit for East Region Formulary
    - v. Incontinence sheaths - out of remit for East Region Formulary
- 3. Details of how you intend to review your formulary (include process, timelines)
  - a. Diabetes
    - i. SMBG test strips - FAF2 application process followed by local experts and applications reviewed by formulary committee. Committee cycle every 8 weeks approximately - <https://www.formulary.nhs.scot/east/help-and-support/formulary-governance/formulary-application-process/>
    - ii. Pen needles and safety pen needles - out of remit for East Region Formulary
    - iii. CGM - Continuous Glucose monitoring systems - FAF2 application process followed by local experts and applications reviewed by formulary committee. Committee cycle every 8 weeks approximately - <https://www.formulary.nhs.scot/east/help-and-support/formulary-governance/formulary-application-process/>
  - b. Continence
    - i. Leg Bags - out of remit for East Region Formulary
    - ii. Drainage/night bags - out of remit for East Region Formulary

- iii. ISC catheters - out of remit for East Region Formulary
  - iv. Foley catheters - out of remit for East Region Formulary
  - v. Incontinence sheaths - out of remit for East Region Formulary
4. Details if part of a local partnership arrangement for formulary review. Please provide the contact's name, email address and telephone number for the person with responsibility where a partnership arrangement is in place.
- a. Diabetes
    - i. SMBG test strips - the East Region Formulary is a joint formulary developed between NHS Borders, NHS Lothian and NHS Fife. Contact: eos.prescribing@nhs.scot
    - ii. Pen needles and safety pen needles - out of remit for East Region Formulary
    - iii. CGM - Continuous Glucose monitoring systems - the East Region Formulary is a joint formulary developed between NHS Borders, NHS Lothian and NHS Fife. Contact: eos.prescribing@nhs.scot
  - b. Continence
    - i. Leg Bags - out of remit for East Region Formulary
    - ii. Drainage/night bags - out of remit for East Region Formulary
    - iii. ISC catheters - out of remit for East Region Formulary
    - iv. Foley catheters - out of remit for East Region Formulary
    - v. Incontinence sheaths - out of remit for East Region Formulary

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at [www.itspublicknowledge.info/Appeal](http://www.itspublicknowledge.info/Appeal). If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

**ALISON MACDONALD**  
**Executive Director, Nursing**  
Cc: Chief Executive