

Date 15/04/2025  
Your Ref  
Our Ref 9890

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Dear

**FREEDOM OF INFORMATION – MENTAL HEALTH**

I write in response to your request for information in relation to Accident and Emergency an mental health.

Question:

1. The number of patients, with an age breakdown, who have attended A&E due to mental health reasons? For the calendar years 2019, 2020, 2021, 2022, 2023, 2024, 2025 (most recent).

Answer:

Age Group	2019	2020	2021	2022	2023	2024	2025
<18	1,567	1,570	1,238	995	953	852	209
18-64	11,584	9,966	10,686	10,607	11,178	9,461	2,254
65+ Yrs	832	773	851	897	1,009	912	196

Question:

2. The number of patients, with an age breakdown, who have attended A&E due to self-harm or attempted suicide? For the calendar years 2019, 2020, 2021, 2022, 2023, 2024, 2025 (most recent).

Answer:

Age Group	2019	2020	2021	2022	2023	2024	2025
<18	1,108	1,122	928	743	704	639	165
18-64	6,891	6,139	6,278	6,042	6,656	5,537	1,308
65+ Yrs	296	297	305	319	374	382	71

Question:

3. The number of mental health patients, with an age breakdown, who are readmitted through A&E following a recent hospital discharge (within 7 days)? For the calendar years 2019, 2020, 2021, 2022, 2023, 2024, 2025 (most recent).

Headquarters  
Mainpoint  
102 West Port  
Edinburgh EH3 9DN

Chair Professor John Connaghan CBE  
Chief Executive Professor Caroline Hiscox  
*Lothian NHS Board is the common name of Lothian Health Board*



Answer:

Age Group	2019	2020	2021	2022	2023	2024	2025
<18	5<	0	0	0	5<	0	0
18-64	25	16	11	6	5<	5<	5<
65+ Yrs	5<	0	5<	0	5<	0	0

To protect the identity of the individuals involved any figure of 5 or less has not been shown in the table above. Since we do not have their consent to release this data from their records, the information is exempt under section 38(1)(b) of the Freedom of Information (Scotland) Act i.e. to provide it would breach the Data Protection Act (2018).

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at [www.itspublicknowledge.info/Appeal](http://www.itspublicknowledge.info/Appeal). If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

**ALISON MACDONALD**  
**Executive Director, Nursing**  
 Cc: Chief Executive