

Dear

FREEDOM OF INFORMATION – ADHD

I write in response to your request for information in relation to ADHD and ADD.

Question:

1. Please provide the number of people waiting for an NHS assessment for ADHD and ADD in Edinburgh, Midlothian, West Lothian, and East Lothian
 - a. Please break this down by number in each council area

Answer:

Council Area	Number of Pts. Currently waiting on 03/02/2025
East Lothian ADHD	1,349
Midlothian ADHD	256

Table 1: Number of patients currently waiting for an ADHD assessment, by Council area.

Question:

- b. Please also provide the number of people on the waitlist at the end of each calendar year from 2019 to 2024
 - c. Please break down whether the person is waiting for an ADHD or ADD assessment.

Answer:

See Notes on data below.

Question:

2. Please provide the current estimated wait time (in years) for each council area.

Answer:

Council Area	Av. wait to assessment (weeks)*
East Lothian ADHD	16
Midlothian ADHD	82

Table 2: Average wait time to assessment (weeks).

*Average wait time is based on wait time from referral to assessment for patients seen in last months (August 2024 to end January 2025)

Question:

3. How many NHS assessments for ADHD are being carried out each year in Edinburgh, Midlothian, West Lothian, and East Lothian?

Please break this down by the number of assessments carried out each year in each area from 2019-2024 (inclusive)

Answer:

Council Area	2023*	2024
East Lothian ADHD	77	167
Midlothian ADHD	19	115

Table 3: Number of attended assessments by year and council area.

*Please note that systems to record ADHD assessments were not put in place in our electronic patient information system until 2023. The data for 2023 should be regarded as incomplete.

Notes on the data:

It should be noted that the majority of adult patients across Lothian are not on a specific ADHD waiting list. The majority of patients are on a non-specific "Neurodevelopmental Assessment" list and without reviewing each patient's clinical notes, we are unable to say whether these patients are waiting for an ADHD, ASD, ADD or other neurodevelopmental assessment.

Our response to this FOI for adult patients is therefore limited to reporting the patients who are currently waiting or were previously waiting on a specific ADHD waiting list.

The East Lothian and Midlothian Council areas are currently, the only areas which have ADHD assessment specific lists. No council areas have an ADD Specific list.

We are unable to provide information of number of patients waiting historically by year. Table 1 reports the number currently waiting on the 3rd February 2025.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the

Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
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Cc: Chief Executive