

Date: 21/02/2025
Our Ref: 9670
Enquiries to loth.freedomofinformation@nhs.scot

Dear

FREEDOM OF INFORMATION – EATING DISORDERS

I write in response to your request for information in relation to waiting times for eating disorder treatment in NHS Lothian.

Question:

1. To ask, in your health board area, how many people are currently on waiting lists for an appointment or consultation in relation to eating disorders.
2. Could this be broken down by gender and by under 18s v over 18s.

Answer:

The information you have requested is detailed in the table below:

Waiting list for eating disorder treatment, NHS Lothian	
Age	Number of patients
Under 18 years	19
Over 18 years	63

Please note that these figures include patients on waiting lists for the Adult Eating Disorder Service, the Child and Adolescent Mental Health Service (CAMHS) Specialist Eating Disorder Service and the CAMHS Outpatient Teams with a reason for referral recorded as related to eating disorder. Not all referrals for CAMHS services have a reason recorded, and no referrals for adult outpatient services have a reason recorded. Therefore these figures may be lower than the actual number of patients waiting for eating disorder treatment.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the

Scottish Information Commissioner's Office online appeals service at <https://www.foi.scot/appeal>. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the reviewer at the address at the top of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI>

Yours sincerely

ALISON MACDONALD
Executive Director of Nursing Midwifery and AHPs
Cc: Chief Executive