

Dear

FREEDOM OF INFORMATION – PSYCHEDELIC SUBSTANCES

I write in response to your request for information in relation to psychedelic substances.

Question:

1. How many times 'microdosing' psychedelic substances was included as a reason for admissions to your hospitals in 2022, 2023 and 2024 to date.
2. How manytimes the consumption of psychedelic substances in any quantity was included as a reason for admissions to your hospitals in 2022, 2023 and 2024 to date.
 - o Such substances include but are not limited to:
 - o Magic Mushrooms (e.g. Psilocybin)
 - o MDMA
 - o LSD
 - o DMT
 - o Ayahuasca (e.g. Harmaline)
 - o Salvia

Answer:

Year	Discharges with 'microdosing' psychedelic substances	Discharges with ICD10 codes F16, F15, F19 included in discharge diagnosis**
2022	discharge coding does not account for how many drugs someone takes	317
2023	discharge coding does not account for how many drugs someone takes	387
2024*	Not Available	Not Available

*Discharge coding is not yet complete for 2024

Magic Mushrooms and LSD are coded to **F16.- Mental and behavioural disorders due to use of hallucinogens

MDMA and DMT are coded to **F15.- Mental and behavioural disorders due to use of other stimulants, including caffeine**

Ayahuasca and Salvia would be coded to **F19.- Mental and behavioural disorders due to multiple drug use and use of other psychoactive substances**

F' chapter codes relate to misuse and not overdoses

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
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Cc: Chief Executive