

Dear

FREEDOM OF INFORMATION – EATING DISORDER FOLLOW-UP

I write in response to your request for information in relation to your follow-up request for eating disorder services.

Question:

- Do day service patients generally attend the clinic for all 5 days and for 8 hours per day? If this isn't the standard at the start of treatment, is it available for those deemed to require it?

Answer:

This is tailored depending on patient need.

Question:

- Regarding supervised meal support, can children and young people, when clinically indicated, receive support with breakfast and/or dinner/evening meal, as well as lunch and 2 snacks?

Answer:

Yes, breakfast, lunch and snack

Question:

- Would patients receiving 5 contacts per week from the adult service, typically have these spread out at one per day?

Answer:

This is dependent on clinical need.

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the

Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhslothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing, Midwifery and AHPs
Cc: Chief Executive