Growing and Changing Supportive Person Campaign

ABOUT THE CAMPAIGN

Growing and Changing brings together young people aged 16-20 from East Lothian with lived experience of hardship and inequality.

Drawing on their experiences, the group developed the Supportive Person Campaign, which promotes a shared standard of support for all adults working with children and young people.

The campaign aims to ensure that every child grows up feeling:

- Safe
- Valued
- Heard
- Supported

The NHS Lothian Partnership and Place Team (East Lothian) supports the group by:

- Providing a safe space for discussion
- Helping young people develop their ideas
- Connecting young people with partners and decision-makers
- Supporting young people's participation in shaping local policy and practice

Together, they work to ensure that young people's voices influence action to reduce inequalities and improve outcomes for future generations.

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